



**PROGRESS**  
**WEEK 04**

**WEEKLY READING**  
**JAMES 2:14-16**

**SHORT SUMMARY**

Building a powerful and effective prayer life is grounded in love, not striving. Drawing from James 5:13-16, it highlights how prayer unlocks breakthrough, healing, and forgiveness, encouraging believers to pray for one another in faith. Rather than striving for more prayer, the key to unlocking deeper prayer is understanding our loving relationship with Jesus, which shifts prayer from a discipline to a heartfelt desire.

**PRAYER**

Jesus would you help me to build a powerful and effective prayer life that has a foundation of Your love. Help me to understand that it's not through striving, but through relationship with You that our prayers unlock blessing.

In Jesus name,  
Amen

**KEY SCRIPTURE — JAMES 5:13-16 NIV**

<sup>13</sup> Is anyone among you in trouble? Let them pray. Is anyone happy? Let them sing songs of praise. <sup>14</sup> Is anyone among you sick? Let them call the elders of the church to pray over them and anoint them with oil in the name of the Lord. <sup>15</sup> And the prayer offered in faith will make the sick person well; the Lord will raise them up. If they have sinned, they will be forgiven. <sup>16</sup> Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous person is powerful and effective.

DAY  
**SUNDAY**

TIME/DATE

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SCRIPTURE

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SERMON TITLE

**UNLOCKED**  
BUILD A POWERFUL &  
EFFECTIVE PRAYER LIFE

SPEAKER

**JAYDEN DE ZILWA**

**Q1** HOW DOES YOUR VIEW OF YOURSELF IMPACT YOUR RELATIONSHIP WITH GOD? DISCUSS HOW OUR SELF-PERCEPTION, WHETHER TOO HIGH (PRIDE) OR TOO LOW (INSECURITY), AFFECTS OUR FAITH AND PRAYER LIFE. HOW DOES UNDERSTANDING RIGHTEOUSNESS THROUGH CHRIST RESHAPE THIS PERSPECTIVE?

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**Q2** WHAT ROLE DOES GRATITUDE PLAY IN BUILDING AN EFFECTIVE PRAYER LIFE? REFLECT ON HOW STIRRING UP GRATEFULNESS CAN TRANSFORM YOUR PRAYERS FROM REQUESTS INTO DECLARATIONS OF TRUST IN GOD'S GOODNESS. HOW CAN PRAYING WITH A HEART OF GRATITUDE SHIFT YOUR FOCUS FROM WHAT YOU LACK TO WHAT GOD HAS ALREADY DONE?

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**Q3** HOW CAN WE TRANSITION OUR PRAYERS FROM "I ASK" TO "YOU ARE"? EXPLORE THE IDEA OF CHANGING OUR PRAYER APPROACH FROM SIMPLY MAKING REQUESTS TO DECLARING GOD'S NATURE (E.G., "YOU ARE HEALER, PROVIDER, PROTECTOR"). HOW DOES THIS SHIFT ENHANCE OUR FAITH AND DEEPEN OUR TRUST IN GOD?

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DAY  
**MONDAY**

TIME/DATE

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SCRIPTURE

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**S-SCRIPTURE** / *WRITE SOAP PASSAGE*

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**O-OBSERVATION** / *WRITE 3-4 OBSERVATIONS*

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**A-APPLICATION** / *WRITE 1-2 APPLICATIONS*

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**P-PRAYER** / *WRITE A PRAYER FROM WHAT YOU LEARNT*

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DAY  
**TUESDAY**

TIME/DATE

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SCRIPTURE

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**S-SCRIPTURE** / *WRITE SOAP PASSAGE*

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**O-OBSERVATION** / *WRITE 3-4 OBSERVATIONS*

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**A-APPLICATION** / *WRITE 1-2 APPLICATIONS*

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**P-PRAYER** / *WRITE A PRAYER FROM WHAT YOU LEARNED*

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DAY  
**WEDNESDAY**

TIME/DATE

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SCRIPTURE

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**S-SCRIPTURE** / *WRITE SOAP PASSAGE*

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**O-OBSERVATION** / *WRITE 3-4 OBSERVATIONS*

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**A-APPLICATION** / *WRITE 1-2 APPLICATIONS*

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**P-PRAYER** / *WRITE A PRAYER FROM WHAT YOU LEARNED*

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DAY  
**THURSDAY**

TIME/DATE

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SCRIPTURE

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**S-SCRIPTURE** / *WRITE SOAP PASSAGE*

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**O-OBSERVATION** / *WRITE 3-4 OBSERVATIONS*

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**A-APPLICATION** / *WRITE 1-2 APPLICATIONS*

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**P-PRAYER** / *WRITE A PRAYER FROM WHAT YOU LEARNT*

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DAY  
**FRIDAY**

TIME/DATE

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SCRIPTURE

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**S-SCRIPTURE** / *WRITE SOAP PASSAGE*

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**O-OBSERVATION** / *WRITE 3-4 OBSERVATIONS*

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**A-APPLICATION** / *WRITE 1-2 APPLICATIONS*

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**P-PRAYER** / *WRITE A PRAYER FROM WHAT YOU LEARNED*

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DAY  
**SATURDAY**

TIME/DATE

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SCRIPTURE

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**S-SCRIPTURE** / *WRITE SOAP PASSAGE*

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**O-OBSERVATION** / *WRITE 3-4 OBSERVATIONS*

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**A-APPLICATION** / *WRITE 1-2 APPLICATIONS*

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**P-PRAYER** / *WRITE A PRAYER FROM WHAT YOU LEARNT*

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