

WORTH. STRENGTH. PURPOSE.

POST-COURSE PARTICIPATION SURVEY

Date					
First Name					
Last Name					
Name of School / Venue					
	NO WAY	NO	MAYBE, SOMETIMES	YES	TOTALLY
			••	$ \vdots $	•
My life has a purpose					
I am important and I have value					
I feel happy about myself and accept who I am					
I have dreams and goals for the future					
My behaviour right now will help me achieve my goals					
I have the skills and can make decisions to help change my life					
I know what emotions I am feeling and the emotions of others					
I would recommend Shine to my friends					

What did you like best about Shine and why?

What did you like least about Shine and why? Include anything you would change about the program.