



At CityCare Youth we're all about backing young people to step confidently into a future they have the power to shape.

In partnership with schools and organisations, we facilitate a range of experiences at no cost for young people from tough places who have less access to opportunities.

## **OUR GOAL?**

TO SEE RESILIENT YOUNG PEOPLE WHO ARE EMPOWERED TO PURSUE THEIR POTENTIAL.

**EQUIPPED** with the skills and capacity to achieve their goals and face whatever life brings.

**CONFIDENT** in their identity, purpose and potential.

**CONNECTED** in a safe, supportive, enabling environment, and

**CONTRIBUTING** positively to their own lives and their communities.

# **OUR PROGRAM ACTIVITIES ARE**

Guided by a positive youth development approach

Strengths-based & focused on prevention & early intervention

Designed to have measurable outcomes & impact

Facilitated by screened & trained volunteers

Underpinned by our suite of policies & procedures



# **OUR PROGRAMS**

#### **SHINE GIRL & STRENGTH**

Through the SHINE Girl and STRENGTH nine-week group curriculums, young people increase their sense of value and identity, understand the power of choice, grow in emotional resilience, and dream and set goals for their future.

#### SAFE SPACES

From a sports comp to a breakfast program, Safe Spaces give young people consistent access to spaces in which they feel safe and can connect to their peers and supportive adult role models.

#### YOUTH COACH

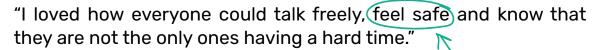
In partnership with COACH Network, young people are matched with a mentor to meet weekly over a 12-month period, working towards the achievement of a significant goal and to increase personal wellbeing.

### **YOUTH EVENTS**

We host Youth Events to increase young people's local social connections and links to local services and support.

### KILO OF KINDNESS KILO OF CHRISTMAS

We provide material support such as food items and Christmas gifts for our Youth Program partners, to support young people and their families in tough times.



-SHINE Girl Participant

"One of our students started to refer to the things he had done as the old version of himself and wanted to look toward the new person he is becoming."

-Youth Coach Team Leader

"The five students who help with the Safe Space are the same kids that used to help us for the last four years; they now run it and we just help them!"

-Safe Space Facilitator



"The results received from this project and the reduction in crime has been so good, it is a real reflection of the time and effort put in."

-Queensland Police Service



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