




YOUTH COACH

SEEING YOUNG PEOPLE IN
TOUGH PLACES FLOURISH.



CITYCARE





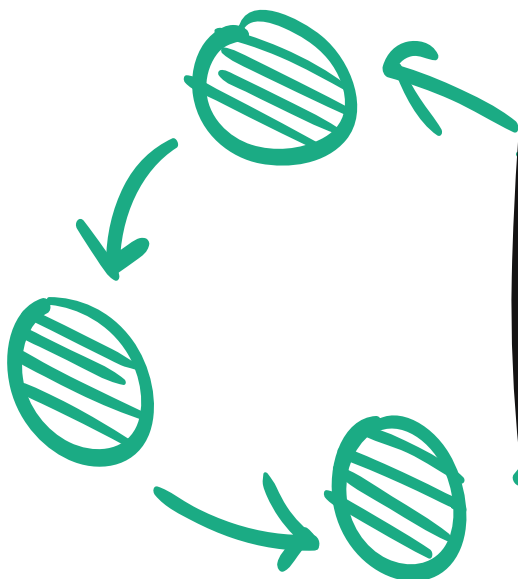
CityCare is proud to partner with **YOUTH COACH** - a mentoring program for young people between the ages of 12-18 years to help them learn and benefit from a positive adult role model. Youth mentoring is school-based or community-based in partnership with an external organisation.

The **YOUTH COACH** program seeks to empower young people to achieve a significant life goal and increase their personal wellbeing and does this by providing mentoring by a specifically trained volunteer for the purpose of strengthening the young person **emotionally, educationally and socially**.



HOW DOES IT WORK?

The mentor is a 'friend with purpose' - someone who cares about the young person and their future. They meet with the young person for an hour once a week, at school or in a community space, for a minimum of one year. Each session is intentionally structured around goal-setting skills, learning, support, and positive connection.





THE SCHOOL OR COMMUNITY PROGRAM

- ✓ Supports the **YOUTH COACH** program
- ✓ Assists in making an appropriate match of mentor to student
- ✓ Regularly communicates with the **YOUTH COACH** Coordinator



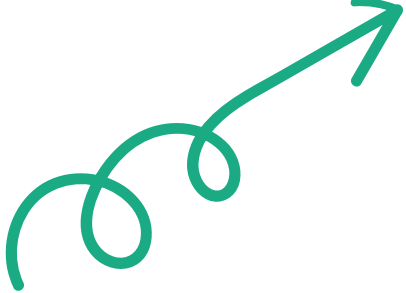
THE MENTOR

- ✓ Is a 'friend with purpose'
- ✓ Is trustworthy
- ✓ Provides a positive role model



MENTORS ASSIST THE YOUNG PERSON TO...

Develop positive social skills, have fun, reach their goals and increase their ability to cope with struggles.





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YOUTH COACH IS REALLY GOOD BECAUSE IT GIVES THE BOYS SOMEONE ELSE TO TEACH THEM WHAT TO DO, STEERING THEM IN THE RIGHT DIRECTION. THEY HAVEN'T GOT A FATHER FIGURE IN THEIR LIFE AND WILL IS LIKE A BIG BROTHER TO THEM.
- Suanne, Mother to James and Tim



TIM & JAMES' STORY.

WILL is the mentor for brothers Tim and James and believes that positive relationships can bring about genuine change. The boys' single mum Suanne was focused on managing her mental health problems and at times struggled to attend to the boys' needs as well as she would like. Suanne felt that the boys would benefit from an older male role model.

JAMES felt directionless and uncertain about his future. Will has influenced James to complete his education and has stimulated a passion for guitar playing. James is currently completing a music subject at TAFE which involves a year-long placement in a music store in his local area, which he loves.

TIM, who enjoys football, was at risk of falling out of the education system. With Will's encouragement and networking with education professionals, Tim has engaged with a community-based education program tailored to his specific needs.





CITYCARE

CityCare facilitates Youth COACH as part of our Youth Programs, which is implemented in partnership with schools and community organisations.

As one of CityCare's partners, we'd like to offer the opportunity for young people within your organisation to benefit from this program.

To find out more information about eligibility of students or young people for this program or to register your interest, contact CityCare on 1300 535 391 or email citycare@hillsong.com

WITH THE COLLABORATING ORGANISATIONS

