

Heart For The Mission

Daily Guided Prayer

36 Personal Daily Guided Prayers To Align Our Hearts

Acts 2:43–45 (NLT)

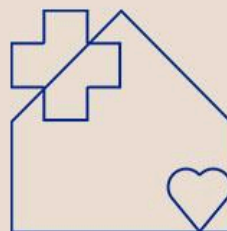
“A deep sense of awe came over them all, and the apostles performed many miraculous signs and wonders. And all the believers met together in one place and shared everything they had. They sold their property and possessions and shared the money with those in need.”

WHAT IS HEART FOR THE MISSION?

Heart for the Mission (HFTM) is our annual opportunity as Hillsong Church Africa to lean into the mission of God with fresh faith and expectation. It is a season where we align our hearts, resources, and prayers with God’s purposes, believing He will do more through us than we can imagine. Together, we are reminded that the church is not built on the gifts and talents of a few, but on the sacrifices of many.

This season is also a time where, as a church, we are encouraged to give financially towards the ongoing mission of our church. **On Sunday 28 September**, we will gather together to **bring our Heart for the Mission sacrificial offering**; a moment of faith, unity, and generosity that fuels what God is doing through our church locally and beyond.

Over the next five weeks, we will explore what it means to live with Kingdom vision, faith, and generosity – both individually and collectively – as we prepare our hearts for this significant step of faith.



WHAT IS GUIDED PRAYER?

Guided prayer is a prayer experience, a structured form of prayer where one is led step by step through talking with God – what to pray, reflect on, or meditate on, rather than being left to pray entirely on your own. You are gently directed with prompts, scripture, or pauses for personal reflection.

HOW TO USE GUIDED PRAYER?

During the Heart For The Mission (HFTM) season, our guided prayers will help us align our hearts with God's mission through short, intentional moments of reflection and prayer.

Prompts and Pacing: Throughout each guided prayer you will see language that encourages you to engage mindfully with each line. There are pauses that will allow space for you to respond in your own words and hold place until you are ready to move on to the next line.

Scripture-anchored: Our guided prayers are anchored in Scripture. Verses that remind us of God's provision, generosity, and Kingdom vision which will focus on themes connected to HFTM, such as faith, sacrificial giving, unity, and mission.

Format: The format of our Daily Guided Prayers follow a rhythm of posture, presence, prayer, scripture, supplication, and/or sending – a structure designed for balance.

From preparation to presence, from Word to response, from intimacy to mission. This journey will help you experience the full spectrum of prayer – adoration, grounding in truth, personal engagement, and outward action. It feels rich, holistic, and transformative.

GUIDED PRAYER FOCUSES

Week 1: Setting Our Hearts on God's Mission (24–31 Aug)

Gratitude / Surrender / Vision

Week 2: Developing Purpose-Filled Jesus Followers (1–7 Sept)

Transformation / Discipleship / Calling

Week 3: Building Healthy Church Communities (8–14 Sept)

Belonging / Unity / Strength

Week 4: Creating Significant & Sustainable Social Impact (15–21 Sept)

Loving Neighbours / Serving The Poor / Justice and Mercy

Week 5: Faith in Action: Stepping Boldly into the Future (22–28 Sept)

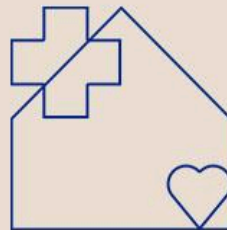
Vision / Sacrifice / Faith



Week 1

Setting Our Hearts on God's Mission
24–31 Aug

Gratitude
Surrender
Vision



Day 1 (Launch Sunday)

Welcome to Heart For The Mission

Quieten yourself

Posture

We enter this season with open hearts, ready to embrace God's mission afresh. Today marks the beginning of a journey where we set our lives before Him, not only as individuals but as a church family.

Presence

Lord, we thank You for what You have done in our church and through our lives. We honour Your presence among us and acknowledge that without You, we can do nothing.

Pause as you focus towards prayer

Prayer

- I pray for a fresh outpouring of awe and wonder in the presence of God.
- I pray that miracles, signs, and wonders would follow our church in this season.
- I pray for unity among our church family as we begin Heart For The Mission.

Scripture

Acts 2:43–45 (NIV) says, “Everyone was filled with awe at the many wonders and signs performed by the apostles. All the believers were together and had everything in common. They sold property and possessions to give to anyone who had need.”

Why do you think generosity flowed from the awe of signs and wonders in the early church?

Inhale and Exhale

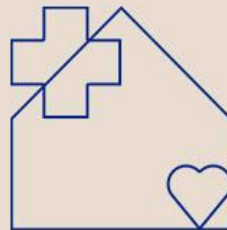
Supplication

Lord, set our hearts ablaze with awe for who You are. Give us courage to release what we hold tightly so that others may be blessed.

Sending

As we step into this season, may we carry the same spirit of generosity and awe that marked the early church.

Sit for a moment with whatever God has shown you today.



Day 2

God's faithfulness in the past

Quieten yourself

Posture

Before we look forward, we pause to remember God's track record of faithfulness. Gratitude grounds us and builds faith for what is ahead.

Presence

Lord, we pause to remember Your goodness in our lives. You have never failed us. You have carried us through seasons of challenge and brought us into new places of hope.

Pause as you focus towards prayer

Prayer

- I thank you God, for your faithfulness in my life.
- I thank you Lord, for our church, Hillsong Africa and all that you have done through us.
- I pray for a heart and spirit of thanksgiving to flow from my heart and every person in our church.

Scripture

Lamentations 3:22–23 (ESV) says, “The steadfast love of the Lord never ceases; his mercies never come to an end; they are new every morning; great is your faithfulness.”

Where have you experienced God's mercies made new in your own life?

Inhale and exhale

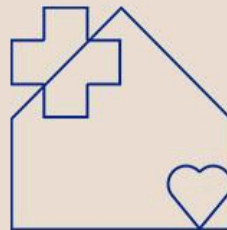
Supplication

Faithful God, remind us daily of Your mercies that renew us. Let Your track record give us faith to trust You with tomorrow.

Sending

Go today carrying gratitude as your anchor, and testimony as your song.

Sit for a moment with whatever God has shown you today.



Day 3

Surrendering to God's will

Quieten yourself

Posture

God's mission cannot be fulfilled through our strength alone; it requires surrendered lives. Today we bring our whole selves before Him.

Presence

Lord, we come as living sacrifices, holy and pleasing to You. Transform our thinking, renew our minds, and align our hearts with Your will.

Pause as you focus towards prayer

Prayer

- I pray for courage to let go of personal plans where God is calling for surrender.
- I pray for our church to be set apart in this generation.
- I pray for humility in leadership and in each person in our church.

Scripture

Romans 12:1-2 (NIV) says, "Therefore, I urge you, brothers and sisters, in view of God's mercy, to offer your bodies as a living sacrifice, holy and pleasing to God—this is your true and proper worship. Do not conform to the pattern of this world, but be transformed by the renewing of your mind."

If our whole lives are meant to be an offering, what area of your life is God inviting you to surrender in this season?

Inhale and exhale

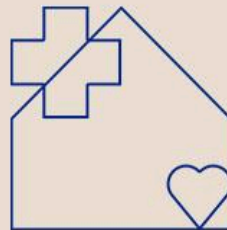
Supplication

Lord, we yield our lives fully to You. Take our gifts, dreams, and plans, and use them for Your mission.

Sending

Go in the freedom that comes from surrender, knowing God's will is always good and perfect.

Sit for a moment with whatever God has shown you today.



Day 4

Generosity as worship

Quieten yourself

Posture

Generosity is not an obligation but an act of worship flowing from a grateful heart.

Presence

Lord, You are the ultimate giver: of life, of grace, of every blessing. We remember today that all we have comes from You.

Pause as you focus towards prayer

Prayer

- I pray for cheerful and faith-filled givers across our church.
- I pray that giving would be motivated by love for God and people.
- I pray that God would multiply the impact of this offering for His Kingdom.

Scripture

2 Corinthians 9:6–7 (NIV) says, “Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously. Each of you should give what you have decided in your heart to give, not reluctantly or under compulsion, for God loves a cheerful giver.”

How can generosity become an ongoing act of authentic worship in your life?

Inhale and exhale

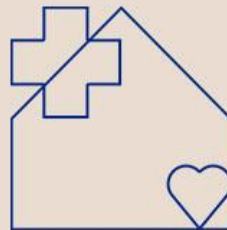
Supplication

Lord, help us to sow generously, trusting You with the harvest. Make us cheerful givers who reflect Your heart.

Sending

Carry the posture of open hands today – willing to give, to serve, and to bless.

Sit for a moment with whatever God has shown you today.



Day 5

Unity in the body

Quieten yourself

Posture

Unity is God's design for the church; it is how we grow, flourish, and reveal His love to the world.

Presence

Lord, thank You that we are one body, joined together by Christ. We acknowledge that each part matters and is needed.

Pause as you focus towards prayer

Prayer

- I pray against division or offence in our church.
- I pray for deep, authentic relationships to form in Connect Groups and teams.
- I pray that love would be the foundation of everything we do.

Scripture

Ephesians 4:15–16 (NIV) says, “Instead, speaking the truth in love, we will grow to become in every respect the mature body of him who is the head, that is, Christ. From him the whole body, joined and held together by every supporting ligament, grows and builds itself up in love, as each part does its work.”

How can you commit to unity and love in the church body this week?

Inhale and exhale

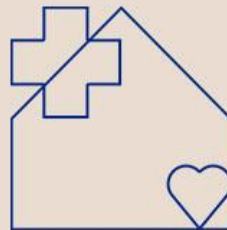
Supplication

Lord, make us a people who build each other up in love. Teach us to value and honour every part of the body.

Sending

Leave today determined to be a peacemaker and encourager wherever you go.

Sit for a moment with whatever God has shown you today.



Day 6

Obedience and trust

Quieten yourself

Posture

Trust is the foundation of obedience. God calls us not to lean on our own understanding but to walk by faith.

Presence

Lord, we acknowledge You as our guide. We confess that Your ways are higher than our ways, and Your wisdom surpasses ours.

Pause as you focus towards prayer

Prayer

- I pray for faith to trust God in areas of uncertainty.
- I pray that our church would walk in radical obedience to God's leading.
- I pray for peace to follow every step of obedience.

Scripture

Proverbs 3:5–6 (NIV) says, “Trust in the Lord with all your heart and lean not on your own understanding; in all your ways submit to him, and he will make your paths straight.”

Where is God asking you to trust Him beyond your own understanding right now?

Inhale and exhale

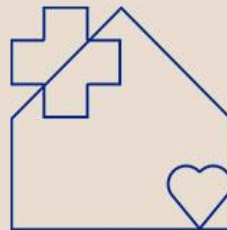
Supplication

Lord, help us to surrender control and walk with full confidence in Your direction.

Sending

Go with courage today, knowing that the One who directs your path is trustworthy.

Sit for a moment with whatever God has shown you today.



Day 7 (Sunday)

Expectation for miracles

Quieten yourself

Posture

We close this first week with faith that God will do more than we can imagine. Expectation positions us to see miracles.

Presence

Lord, You are able to do immeasurably more than all we ask or think. We worship You as the God of the impossible.

Pause as you focus towards prayer

Prayer

- I pray for miracles of healing, provision, and salvation in our church.
- I pray that people would encounter God personally this Sunday.
- I pray for testimonies that glorify God to arise in this season.

Scripture

Ephesians 3:20–21 (NIV) says, “Now to him who is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us, to him be glory in the church and in Christ Jesus throughout all generations, for ever and ever! Amen.”

What miracles do you think God wants to do in your life for His glory?

Inhale and exhale

Supplication

Lord, increase our faith and expectation. We believe for miracles that reveal Your glory.

Sending

Step into today with faith-filled anticipation, knowing God is able to do more.

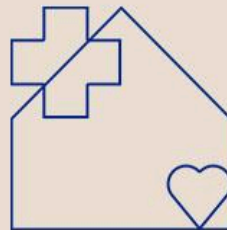
Sit for a moment with whatever God has shown you today.



Week 2

Developing Purpose-Filled Jesus Followers
1–7 Sept

Transformation
Discipleship
Calling



Day 8

Knowing Jesus deeply

Quieten yourself

Posture

To truly follow Jesus means to value Him above all else. Everything else in life is temporary compared to the surpassing worth of knowing Christ.

Presence

Lord, we choose today to fix our eyes on You. Strip away distractions that keep us from intimacy with You. May our hearts burn to know You more deeply.

Pause as you focus towards prayer

Prayer

- I pray for a deeper hunger to know Jesus personally, not just know about Him.
- I pray for a growing intimacy with God's presence across our church.
- I pray for people to prioritize time with Jesus over worldly pursuits.

Scripture

Philippians 3:8–10 (NIV) says, “What is more, I consider everything a loss because of the surpassing worth of knowing Christ Jesus my Lord... I want to know Christ—yes, to know the power of his resurrection and participation in his sufferings, becoming like him in his death.”

What would it look like for you to pursue knowing Jesus above all else?

Inhale and exhale

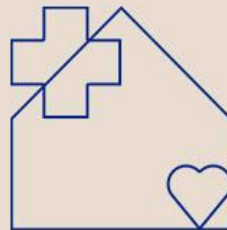
Supplication

Lord, draw us closer to You. Help us know not only the joy of resurrection life but also the depth of walking with You in every circumstance.

Sending

Leave today with a renewed passion to seek Jesus above all else.

Sit for a moment with whatever God has shown you today.



Day 9

Walking in purpose

Quieten yourself

Posture

God has uniquely designed each of us with purpose. His plans are filled with hope and a future far greater than we could plan for ourselves.

Presence

Lord, thank You that our lives are not accidents. You have good plans for us, filled with Your hope and calling.

Pause as you focus towards prayer

Prayer

- I pray for clarity of purpose for those who feel directionless.
- I pray that each person in our church would understand their God-given calling.
- I pray that purpose would be connected to serving others and glorifying God.

Scripture

Jeremiah 29:11 (NIV) says, “For I know the plans I have for you,” declares the Lord, “plans to prosper you and not to harm you, plans to give you hope and a future.”

In what areas of your life do you need to trust God's good plans above your own?

Inhale and Exhale

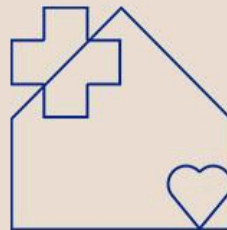
Supplication

Lord, help us surrender our agendas and walk in the purpose You designed for us.

Sending

Step into today with confidence that God's plans for you are good.

Sit for a moment with whatever God has shown you today.



Day 10

Strength for the journey

Quieten yourself

Posture

Following Jesus requires endurance. God renews our strength when we wait on Him.

Presence

Lord, we become weary at times, but we know that in You, we find renewed strength. Lift our eyes to see You as the source of our energy.

Pause as you focus towards prayer

Prayer

- I pray for renewed strength for those who feel tired or discouraged.
- I pray for leaders in our church to be refreshed by God's Spirit.
- I pray for resilience to endure and thrive in discipleship.

Scripture

Isaiah 40:31 (NIV) says, "But those who hope in the Lord will renew their strength. They will soar on wings like eagles; they will run and not grow weary, they will walk and not be faint."

Where do you need God's strength to sustain you right now? How can you practically put your hope in the Lord today?

Inhale and exhale

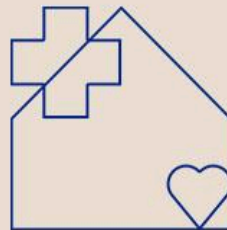
Supplication

Lord, renew our strength as we hope in You. Lift us up above our struggles to walk with endurance.

Sending

Go today empowered by the promise that God renews those who wait on Him.

Sit for a moment with whatever God has shown you today.



Day 11

Renewed minds

Quieten yourself

Posture

Discipleship requires transformation in the way that we think. As our minds are renewed, our lives align more fully with God's will.

Presence

Lord, renew our thinking today. Free us from the patterns of this world that lead us away from You.

Pause as you focus towards prayer

Prayer

- I pray for strongholds in thought patterns to be broken.
- I pray for wisdom and discernment in making decisions.
- I pray for believers to embrace God's perspective above culture's voice.

Scripture

Romans 12:2 (NIV) says, "Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will."

What worldly thought patterns do you need to reject so that your mind can be renewed?

Inhale and exhale

Supplication

Lord, transform us by the renewing of our minds. Help us think, speak, and act in alignment with Your truth.

Sending

Walk into today with a renewed mind, ready to reflect Christ in all that you do.

Sit for a moment with whatever God has shown you today.



Day 12

Boldness in faith

Quieten yourself

Posture

God calls His people to live with courage and boldness, not with fear. Strength flows from knowing that God is with us wherever we go.

Presence

Lord, thank You that You never leave us. Your presence is our courage and our confidence.

Pause as you focus towards prayer

Prayer

- I pray for boldness in sharing faith with others.
- I pray for courage in facing personal challenges.
- I pray for our church to step forward in faith as we follow God's mission.

Scripture

Joshua 1:9 (NIV) says, "Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the Lord your God will be with you wherever you go."

Where do you need to replace fear or disappointment with courage today?

Inhale and exhale

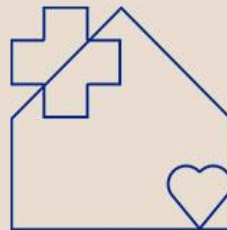
Supplication

Lord, clothe us with courage. May our confidence be rooted in Your unshakable presence.

Sending

Step boldly today, knowing the Lord your God goes with you.

Sit for a moment with whatever God has shown you today.



Day 13

God's Word at work in us

Quieten yourself

Posture

God's Word is alive and active. It is sharper than any sword, cutting to the deepest places of our hearts and bringing transformation.

Presence

Lord, we open our hearts to Your Word. Shape us, convict us, and breathe life into us through Scripture.

Pause as you focus towards prayer

Prayer

- I pray for a fresh passion for reading and studying God's Word.
- I pray for the Word to bring conviction, healing, and transformation.
- I pray that Scripture would guide decisions and strengthen faith.

Scripture

Hebrews 4:12 (NIV) says, "For the word of God is alive and active. Sharper than any double-edged sword, it penetrates even to dividing soul and spirit, joints and marrow; it judges the thoughts and attitudes of the heart."

How is God's Word currently at work in your life, shaping your attitudes and actions?

Inhale and exhale

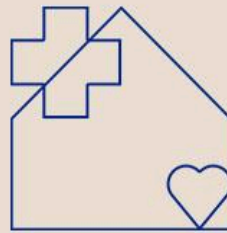
Supplication

Lord, let Your Word pierce our hearts and transform us from within.

Sending

Go today equipped with the living Word as your guide.

Sit for a moment with whatever God has shown you today.



Day 14 (Sunday)

Transformation through Jesus

Quieten yourself

Posture

At the heart of discipleship is transformation. In Christ, we are made new, leaving behind the old and stepping into a fresh identity.

Presence

Lord, thank You that in You we are not defined by our past. You give us new life, a new purpose, and a new identity.

Pause as you focus towards prayer

Prayer

- I pray for those encountering Jesus to experience transformation.
- I pray for believers to walk in the newness of life daily.
- I pray for testimonies of lives radically changed by Jesus.

Scripture

2 Corinthians 5:17 (NIV) says, “Therefore, if anyone is in Christ, the new creation has come: The old has gone, the new is here!”

What part of your old life do you need to leave behind to fully embrace your new identity in Christ?

Inhale and exhale

Supplication

Lord, help us to walk in the reality of being new creations. Empower us to live differently because of Your transforming power.

Sending

Step into today as a new creation, carrying the light of Christ wherever you go.

Sit for a moment with whatever God has shown you today.

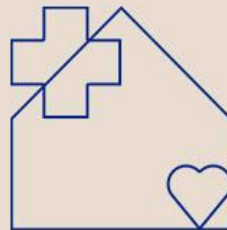


Week 3

Building Healthy Church Communities

8–14 Sept

Belonging
Unity
Strength



Day 15

The body of Christ

Quieten yourself

Posture

The church is not simply a gathering of individuals but a living body where each person has a part to play. Diversity in the body of Christ is a gift, not a threat.

Presence

Lord, thank You that You designed us to belong to one another. We are not complete without the unique contribution of every member.

Pause as you focus towards prayer

Prayer

- I pray that each person would discover and value their spiritual gifts.
- I pray against division and comparison in the body of Christ.
- I pray that the church would operate in unity as one body with many parts.

Scripture

1 Corinthians 12:12–14 (NIV) says, “Just as a body, though one, has many parts, but all its many parts form one body, so it is with Christ. For we were all baptized by one Spirit so as to form one body—whether Jews or Gentiles, slave or free—and we were all given the one Spirit to drink. Even so the body is not made up of one part but of many.”

How does knowing you are a unique and vital part of Christ's body shape the way you see your role in church life?

Inhale and exhale

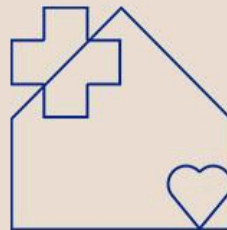
Supplication

Lord, help us honor one another as members of Your body. Knit us together in love and unity.

Sending

Go today with confidence that you are a valued and irreplaceable part of the body of Christ.

Sit for a moment with whatever God has shown you today.



Day 16

Genuine love

Quieten yourself

Posture

Love is the defining mark of God's people. But it must be genuine, sincere, and expressed in action, not just in words.

Presence

Lord, You are love itself. Teach us to love as You love; without pretense or condition.

Pause as you focus towards prayer

Prayer

- I pray for love that is sincere and not self-serving.
- I pray for deep affection and honor to characterise relationships in the church.
- I pray that love would overflow beyond the church walls into the community.

Scripture

Romans 12:9–10 (NIV) says, "Love must be sincere. Hate what is evil; cling to what is good. Be devoted to one another in love. Honor one another above yourselves."

In what relationships do you need God's help to demonstrate sincere love and honor?

Inhale and exhale

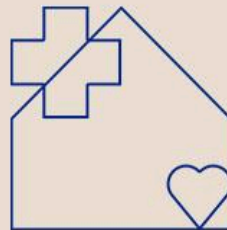
Supplication

Lord, purify our love so that it reflects Your own heart. Teach us to honor one another with humility and grace.

Sending

Step into today ready to demonstrate genuine love in word and deed.

Sit for a moment with whatever God has shown you today.



Day 17

Bearing one another's burdens

Quieten yourself

Posture

The church is called to carry each other's burdens. True community means walking with others through both joy and hardship.

Presence

Lord, thank You that You never intended for us to carry life's weight alone. You call us to share burdens as family.

Pause as you focus towards prayer

Prayer

- I pray for a spirit of compassion and empathy in our church.
- I pray that people would be courageous enough to share their struggles.
- I pray for wisdom and strength to carry others' burdens without growing weary.

Scripture

Galatians 6:2 (NIV) says, "Carry each other's burdens, and in this way you will fulfill the law of Christ."

Whose burden can you help carry this week, and how can you practically show up for them?

Inhale and exhale

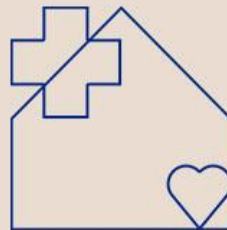
Supplication

Lord, open our eyes to those in need around us. Strengthen us to share the weight of one another's struggles.

Sending

Go today with a heart ready to lift others up, knowing Christ carried yours first.

Sit for a moment with whatever God has shown you today.



Day 18

Encouraging each other

Quieten yourself

Posture

Encouragement is more than kind words; it is fuel for faith. Every believer needs encouragement to keep pressing on.

Presence

Lord, thank You that You encourage us daily through Your Spirit. Teach us to be encouragers who build others up in faith.

Pause as you focus towards prayer

Prayer

- I pray for a culture of encouragement in our church family.
- I pray that words spoken would bring life and not harm.
- I pray for those who feel discouraged to be strengthened in hope today.

Scripture

1 Thessalonians 5:11 (NIV) says, “Therefore encourage one another and build each other up, just as in fact you are doing.”

Who in your life needs encouragement today, and how can you build them up?

Inhale and exhale

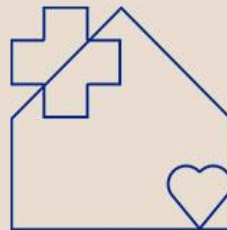
Supplication

Lord, use our words and actions to strengthen others and breathe life into weary hearts.

Sending

Go today with a mission to speak words of encouragement that lift and restore.

Sit for a moment with whatever God has shown you today.



Day 19

Forgiveness and reconciliation

Quieten yourself

Posture

Healthy communities are not free of conflict but are marked by forgiveness and reconciliation. Forgiving as Christ forgave is the key to unity.

Presence

Lord, thank You that You have forgiven us fully and freely. Help us to extend that same forgiveness to others.

Pause as you focus towards prayer

Prayer

- I pray for the healing of broken relationships in the church.
- I pray for humility to forgive and reconcile quickly.
- I pray against bitterness or division taking root in our community.

Scripture

Colossians 3:13 (NIV) says, “Bear with each other and forgive one another if any of you has a grievance against someone. Forgive as the Lord forgave you.”

Is there someone you need to forgive, or seek reconciliation with today?

Inhale and exhale

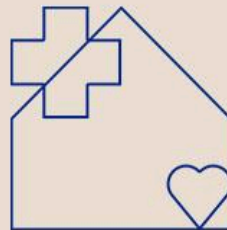
Supplication

Lord, soften our hearts to forgive as You forgave us. Restore relationships and bring unity where division has existed.

Sending

Walk today in the freedom of forgiveness and be a peacemaker in every space you enter.

Sit for a moment with whatever God has shown you today.



Day 20

Hospitality and welcome

Quieten yourself

Posture

Hospitality opens doors for the Gospel. Welcoming others is a reflection of Christ's heart toward us.

Presence

Lord, thank You that You welcomed us into Your family. Teach us to extend that same welcome to others.

Pause as you focus towards prayer

Prayer

- I pray for a spirit of hospitality in our church gatherings.
- I pray for boldness to open homes and hearts to others.
- I pray for visitors and newcomers to feel truly seen and embraced.

Scripture

Hebrews 13:2 (NIV) says, "Do not forget to show hospitality to strangers, for by so doing some people have shown hospitality to angels without knowing it."

How can you show a heavenly standard of hospitality to someone outside your usual circle this week?

Inhale and exhale

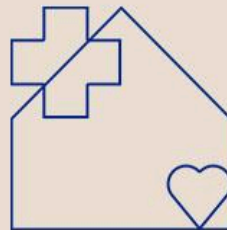
Supplication

Lord, make our homes and hearts places of welcome where others can encounter Your love.

Sending

Step into today ready to extend Christ's welcome to all.

Sit for a moment with whatever God has shown you today.



Day 21 (Sunday)

Strengthening the church

Quieten yourself

Posture

The church is not a human invention but Christ's creation. He is building His church, and nothing can overcome it.

Presence

Lord, thank You that Your church is strong and victorious, not because of us, but because of You.

Pause as you focus towards prayer

Prayer

- I pray for the strengthening of our local church and the global church.
- I pray for leaders, volunteers, and members to be filled with fresh vision.
- I pray for protection against spiritual attack.

Scripture

Matthew 16:18 (NIV) says, "And I tell you that you are Peter, and on this rock I will build my church, and the gates of Hades will not overcome it."

What strength has God put in you so that you can be part of building the church?

Inhale and exhale

Supplication

Lord, strengthen Your church. Build us into a resilient, unified, and Spirit-filled community.

Sending

Leave today with confidence that you are part of Christ's victorious church that will prevail.

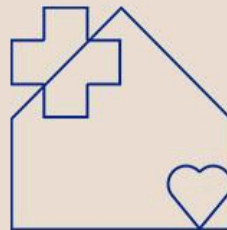
Sit for a moment with whatever God has shown you today.



Week 4

Creating Significant and Sustainable Social Impact
15–21 Sept

Loving Neighbours
Serving The Poor
Justice and Mercy



Day 22

Loving our neighbour

Quieten yourself

Posture

The command to love our neighbour is inseparable from the command to love God. To love Him fully is to extend that same love outward into the lives of others.

Presence

Lord, thank You that Your love is not limited or selective. Teach us to love others with the same passion and devotion we give to You.

Pause as you focus towards prayer

Prayer

- I pray for hearts that are attentive to the needs of neighbours and communities.
- I pray for God's love to freely flow through us into practical action.
- I pray against selfishness and indifference that keeps us from serving others.

Scripture

Mark 12:30–31 (NIV) says, “Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength. The second is this: ‘Love your neighbour as yourself.’ There is no commandment greater than these.”

How might loving your neighbour today demonstrate your love for God in a tangible way?

Inhale and exhale

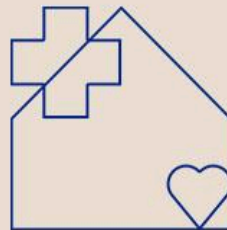
Supplication

Lord, fill us with Your love so we may love our neighbours selflessly, just as You have loved us.

Sending

Step into today ready to reflect God's love through your words and actions.

Sit for a moment with whatever God has shown you today.



Day 23

Serving “the least of these”

Quieten yourself

Posture

Serving the vulnerable is serving Christ Himself. When we extend kindness and compassion to those in need, we encounter the heart of Jesus.

Presence

Lord, thank You that You identify with the hungry, the thirsty, the sick, and the imprisoned. Open our eyes to see You in them.

Pause as you focus towards prayer

Prayer

- I pray for compassion that moves us to action.
- I pray for ministries and organisations serving the poor and marginalized.
- I pray that the church would be known as a refuge for the hurting.

Scripture

Matthew 25:35–36 (NIV) says, “For I was hungry and you gave me something to eat, I was thirsty and you gave me something to drink, I was a stranger and you invited me in, I needed clothes and you clothed me, I was sick and you looked after me, I was in prison and you came to visit me.”

Who are “the least of these” in your world and how could you serve them today?

Inhale and exhale

Supplication

Lord, help us to serve with humility, remembering that in caring for the least, we serve You.

Sending

Go into today with eyes open to see Christ in those who are vulnerable.

Sit for a moment with whatever God has shown you today.



Day 24

Justice and mercy

Quieten yourself

Posture

Justice and mercy are not optional extras but core requirements of walking with God. To reflect His heart is to act with integrity and compassion.

Presence

Lord, You are just and merciful. Shape us to reflect these qualities in how we live and lead.

Pause as you focus towards prayer

Prayer

- I pray for wisdom and courage to act justly in personal and public life.
- I pray for mercy to guide how we treat others, especially the broken and overlooked.
- I pray for leaders in society to pursue justice with integrity.

Scripture

Micah 6:8 (NIV) says, "He has shown you, O mortal, what is good. And what does the Lord require of you? To act justly and to love mercy and to walk humbly with your God."

Where can you act justly and mercifully in your current relationships and responsibilities?

Inhale and exhale

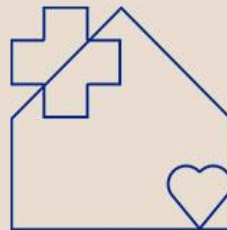
Supplication

Lord, make us people filled with justice, mercy, and humility. May our lives align with Your Kingdom values.

Sending

Go today as one who seeks justice, loves mercy, and walks humbly with God.

Sit for a moment with whatever God has shown you today.



Day 25

Compassion that moves us

Quieten yourself

Posture

True compassion does more than feel – it moves. The good Samaritan shows us that compassion requires action and sacrifice.

Presence

Lord, thank You that You were moved with compassion towards us. Give us eyes to see needs, and hearts that respond.

Pause as you focus towards prayer

Prayer

- I pray for compassion that interrupts our routines.
- I pray for courage to go out of our way to help those in need.
- I pray against apathy that keeps us unmoved by the suffering of others.

Scripture

Luke 10:33–34 (NIV) says, “But a Samaritan, as he traveled, came where the man was; and when he saw him, he took pity on him. He went to him and bandaged his wounds, pouring on oil and wine. Then he put the man on his own donkey, brought him to an inn and took care of him.”

How ‘interruptable’ are you? Are you prepared for the unforeseen opportunities to show Christ-like compassion today?

Inhale and exhale

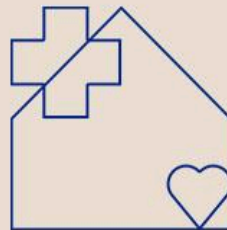
Supplication

Lord, may compassion move us beyond convenience to sacrificial love.

Sending

Step into today ready to embody compassion in action.

Sit for a moment with whatever God has shown you today.



Day 26

Being salt and light

Quieten yourself

Posture

Jesus calls His followers to be salt and light: preserving, flavouring, illuminating, and pointing others towards God's truth.

Presence

Lord, thank You that You have called us to be distinct in a world that desperately needs light.

Pause as you focus towards prayer

Prayer

- I pray for boldness to live out your faith in public spaces.
- I pray for workplaces, schools, and neighbourhoods to be influenced by Christ's light shining through believers.
- I pray that the church would shine brightly in dark places.

Scripture

Matthew 5:13–16 (NIV) says, “You are the salt of the earth. But if the salt loses its saltiness, how can it be made salty again? It is no longer good for anything, except to be thrown out and trampled underfoot. You are the light of the world. A town built on a hill cannot be hidden...let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

Where is God calling you to be salt and light – authentic in your faith and your works – this week?

Inhale and exhale

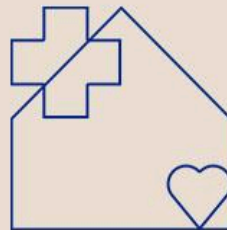
Supplication

Lord, empower us to shine brightly in our words and actions so that others may see You.

Sending

Carry light into the spaces you enter today, pointing others to Christ.

Sit for a moment with whatever God has shown you today.



Day 27

Generosity that impacts society

Quieten yourself

Posture

Generosity reflects God's heart and creates tangible impact. When we give to the poor, we lend to the Lord Himself.

Presence

Lord, thank You for Your abundant generosity toward us. Make us generous in return, not reluctantly but joyfully.

Pause as you focus towards prayer

Prayer

- I pray for generous hearts in our church family.
- I pray for resources to be used wisely for maximum Kingdom impact.
- I pray for those living in poverty to experience God's provision.

Scripture

Proverbs 19:17 (NIV) says, "Whoever is kind to the poor lends to the Lord, and he will reward them for what they have done."

How can your generosity this week create impact that goes beyond yourself?

Inhale and exhale

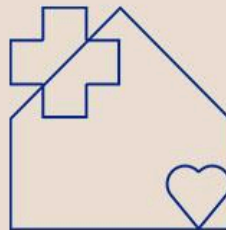
Supplication

Lord, let our generosity reflect Your heart and transform lives around us.

Sending

Go today ready to give in ways that ripple out into society.

Sit for a moment with whatever God has shown you today.



Day 28 (Sunday)

The Church for the world

Quieten yourself

Posture

The church is not called to remain inward-focused but to be sent into the world with the love and mission of Christ.

Presence

Lord, thank You that just as You sent Jesus, You send us. Give us courage to live as sent-people.

Pause as you focus towards prayer

Prayer

- I pray for the church to be bold in witness and love.
- I pray for mission, outreach, and service to thrive.
- I pray that our community would experience Jesus through the church's presence.

Scripture

John 17:18 (NIV) says, "As you sent me into the world, I have sent them into the world."

What does it mean for you personally to live as someone sent into the world?

Inhale and exhale

Supplication

Lord, send us into our world with courage, love, and mission.

Sending

Enter today as one who is sent – representing Christ to a world in need.

Sit for a moment with whatever God has shown you today.



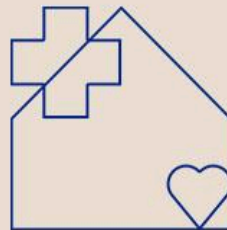
Week 5

Faith in Action: Stepping Boldly into the Future
22–28 Sept

Vision

Sacrifice

Faith



Day 29

God's promises are sure

Quieten yourself

Posture

Every promise of God is anchored in Christ. We can live with confidence because His Word is trustworthy and His character unchanging.

Presence

Lord, thank You that every promise finds its "Yes" in Jesus. Remind us today that Your Word never fails.

Pause as you focus towards prayer

Prayer

- I pray for greater faith to believe God's promises, even in uncertainty.
- I pray for the church to stand on Scripture with confidence.
- I pray for testimonies that confirm God's faithfulness.

Scripture

2 Corinthians 1:20 (NIV) says, "For no matter how many promises God has made, they are 'Yes' in Christ. And so through him the 'Amen' is spoken by us to the glory of God."

Which promises of God are you clinging to in this season?

Inhale and exhale

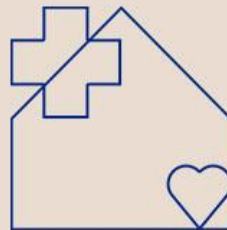
Supplication

Lord, help us to live as people anchored in Your promises, declaring "Amen" to Your Word.

Sending

Step into today with confidence that God's promises are unfailing.

Sit for a moment with whatever God has shown you today.



Day 30

Faith that moves mountains

Quieten yourself

Posture

Faith is not wishful thinking; it is trust in God's power to do the impossible. Jesus calls us to believe and pray boldly.

Presence

Lord, thank You that through faith in You, nothing is impossible. Deepen our trust in Your ability to move mountains.

Pause as you focus towards prayer

Prayer

- I pray for faith to increase in our personal lives and our church.
- I pray for bold prayers to replace fear and doubt.
- I pray that obstacles would become opportunities to display God's power.

Scripture

Mark 11:23–24 (NIV) says, "Truly I tell you, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in their heart but believes that what they say will happen, it will be done for them. Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours."

What mountain in your life is God inviting you to pray boldly against, in faith?

Inhale and exhale

Supplication

Lord, increase our faith so that we pray with boldness and see Your power at work.

Sending

Walk today with faith that expects God to move.

Sit for a moment with whatever God has shown you today.



Day 31

Courage to give sacrificially

Quieten yourself

Posture

Jesus honours sacrificial giving, not the amount but the heart behind it. True generosity requires courage and trust.

Presence

Lord, thank You for the widow's example of faith-filled sacrifice. Teach us to give courageously and joyfully.

Pause as you focus towards prayer

Prayer

- I pray for courage to give beyond comfort.
- I pray for financial resources to be used for Kingdom purposes.
- I pray for faith to trust God's provision in generosity.

Scripture

Luke 21:1–4 (NIV) says, "As Jesus looked up, he saw the rich putting their gifts into the temple treasury. He also saw a poor widow put in two very small copper coins. 'Truly I tell you,' he said, 'this poor widow has put in more than all the others. All these people gave their gifts out of their wealth; but she out of her poverty put in all she had to live on.'"

What might courageous, sacrificial generosity look like for you today?

Inhale and exhale

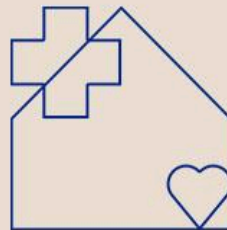
Supplication

Lord, give us courage to give out of surrender, not out of surplus.

Sending

Live today with open hands, trusting God's provision.

Sit for a moment with whatever God has shown you today.



Day 32

Trusting God with the future

Quieten yourself

Posture

The future is secure in God's hands. Our role is to commit our way to Him and trust that He will act.

Presence

Lord, thank You that You hold tomorrow. Help us to release control and trust Your perfect plan.

Pause as you focus towards prayer

Prayer

- I pray for peace over uncertainties about the future.
- I pray for wisdom and clarity in decisions.
- I pray for trust that God is already at work ahead of us.

Scripture

Psalm 37:5 (NIV) says, "Commit your way to the Lord; trust in him and he will do this."

What areas of your future do you need to entrust to God today?

Inhale and exhale

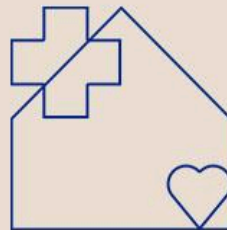
Supplication

Lord, we surrender our plans, hopes, and timelines to You.

Sending

Step forward today trusting God with the unknown.

Sit for a moment with whatever God has shown you today.



Day 33

Partnering with God's mission

Quieten yourself

Posture

We are co-workers with God. Our mission is not a solo effort but a partnership with His Spirit at work in the world.

Presence

Lord, thank You for the privilege of joining You in Your mission. Help us align our lives with Your purposes.

Pause as you focus towards prayer

Prayer

- I pray for greater alignment between our hearts and God's mission.
- I pray for boldness to share the Gospel in word and deed.
- I pray for the church to courageously step into opportunities to serve.

Scripture

1 Corinthians 3:9 (NIV) says, "For we are co-workers in God's service; you are God's field, God's building."

How can you partner with God's mission in practical ways this week? Ask God to show you what He's doing, so that you can join Him.

Inhale and exhale

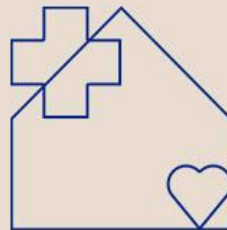
Supplication

Lord, use us as co-workers in Your harvest field.

Sending

Go today as a partner with God in His mission.

Sit for a moment with whatever God has shown you today.



Day 34

Generations impacted

Quieten yourself

Posture

Faith is not only for today but for the generations to come. Our responsibility is to declare God's works so future generations may know Him.

Presence

Lord, thank You for being faithful through the ages. Help us to pass on faith to the next generation.

Pause as you focus towards prayer

Prayer

- I pray for children and young people to encounter God.
- I pray for families to faithfully disciple.
- I pray that our legacy will be faith that outlives us.

Scripture

Psalms 78:4 (NIV) says, "We will not hide them from their descendants; we will tell the next generation the praiseworthy deeds of the Lord, his power, and the wonders he has done."

How are you contributing to a legacy of faith for future generations?

Inhale and exhale

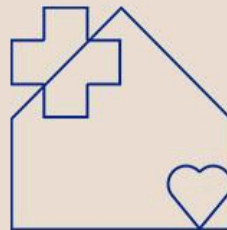
Supplication

Lord, may our lives bear fruit that impacts generations to come.

Sending

Live today in a way that sows seeds of faith for tomorrow.

Sit for a moment with whatever God has shown you today.



Day 35

Living for eternity

Quieten yourself

Posture

Jesus reminds us to live with eternity in view. What we treasure, shapes our hearts and reveals what we value most.

Presence

Lord, thank You that true treasure is found in You. Redirect our hearts towards eternal priorities.

Pause as you focus towards prayer

Prayer

- I pray against the temptation to live for temporary gain.
- I pray for hearts set on eternal treasures.
- I pray for lives that reflect Heaven's values on earth.

Scripture

Matthew 6:19–21 (NIV) says, “Do not store up for yourselves treasures on earth, where moths and vermin destroy, and where thieves break in and steal. But store up for yourselves treasures in heaven, where moths and vermin do not destroy, and where thieves do not break in and steal. For where your treasure is, there your heart will be also.”

What treasures are you storing – earthly or eternal? How can you transfer your treasure from worldly things to the treasury of Heaven?

Inhale and exhale

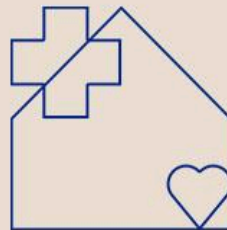
Supplication

Lord, reorient our hearts towards treasures that last forever.

Sending

Step into today with eternity as your perspective.

Sit for a moment with whatever God has shown you today.



Day 36 Giving Sunday

Commissioning

Quieten yourself

Posture

The Great Commission is not a suggestion but a call. Jesus sends us with authority to make disciples of all nations.

Presence

Lord, thank You for entrusting us with Your mission. Empower us by Your Spirit to go and make disciples.

Pause as you focus towards prayer

Prayer

- I pray for boldness to live sent lives.
- I pray for the nations to encounter Jesus through the Church.
- I pray for God's presence to go with us as we obey His Commission.

Scripture

Matthew 28:18–20 (NIV) says, "Then Jesus came to them and said, 'All authority in heaven and on earth has been given to me. Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely I am with you always, to the very end of the age.'"

How will you live as one commissioned by Jesus this week and beyond?

Inhale and exhale

Supplication

Lord, send us into the world with courage, obedience, and love.

Sending

Enter today commissioned by Christ, empowered by the Spirit, and assured of His presence.

Sit for a moment with whatever God has shown you today.