1. DECLARATION: In 2022, my help comes from the Lord.

"I lift up my eyes to the mountains— where does my help come from? My help comes from the LORD, the Maker of Heaven and earth. He will not let your foot slip— he who watches over you will not slumber; indeed, he who watches over Israel will neither slumber nor sleep. The LORD watches over you- the LORD is your shade at your right hand; the sun will not harm you by day, nor the moon by night. The LORD will keep you from all harm he will watch over your life: the LORD will watch over your coming and going both now and forevermore." Psalms 121:1-8 NIV

STATEMENT: I declare that I will lift my eyes to the Lord every day this year because that is where my help comes from. I know that the LORD watches over me and that he will keep me safe. I can trust Him - He will not let my foot slip.

2. DECLARATION: During changing seasons. I have complete peace from above.

"Peace I leave with you: my peace I give you. I do not give to you as the world gives. Do not let vour hearts be troubled and do not be afraid." John 14:27 - NIV

STATEMENT: The peace of God is a gift from above that I choose to receive and prioritise this year. Fear has no place. Despite panic or pandemics, the peace of God is my portion this year.

3. DECLARATION: My family is safe and protected because the Lord is my refuge.

"If you make the Lord your refuge, if you make the Most High your shelter, no evil will conquer you; no plaque will come near your home. For he will order his angels to protect you wherever you go. They will hold you up with their hands so you won't even hurt your foot on a stone. The Lord says. 'I will rescue those who love me, I will protect those who trust in my name. When they call on me. I will answer: I will be with them in trouble. I will rescue and honor them. I will reward them with a long life and give them my salvation." "-Psalms 91: 9-12. 14-16 NLT

STATEMENT: Today, I make the Lord my refuge and shelter. This year I will make time to read my bible and pray.





4. DECLARATION: In 2022, I choose to forgive and let go of any offence or hurt that could hold me back.

"Then Peter came to Jesus and asked, 'Lord, how many times shall I forgive my brother or sister who sins against me? Up to seven times?' Jesus answered, 'I tell you, not seven times, but seventy-seven times'." Matthew 18:21-22 NIV

STATEMENT: I have the Holy Spirit to help me overcome any words, actions or challenges that come my way. I am able to forgive anyone that has offended or hurt me. I am empowered to show the grace to others that Jesus Christ has shown me.

5. DECLARATION: This year, I will experience the unlocking of Heaven over my life.

"I will give you the keys of the kingdom of Heaven; whatever you bind on earth will be bound in Heaven, and whatever you loose on earth will be loosed in Heaven." Matthew 16:19 NIV

STATEMENT: In 2022, I will experience the unlocking of God's favour in my family, in my business, in my work environment, in my kids, in my relationships. I am expectant for God to unlock healing over sickness, restoration over brokenness, and peace where there has been trouble. I am going to see Heaven opened over my life because God has promised me the keys of His Kingdom as I pray according to His word, on earth as it is in Heaven.

6. DECLARATION: I have the authority to fulfil my God-given purpose in 2022.

"You have made him to have dominion over the works of Your hands; You have put all things under his feet" Psalm 8:6 NKJV

STATEMENT: In 2022, I have been appointed by God to fulfil the calling He has placed on my life - in my family, in my workplace, and in my God-given potential. God has predestined opportunities for me to step into. In 2022, I am also anointed by God to do all he has appointed me to do. No matter how inadequate I may feel to accomplish what is ahead of me.



7. DECLARATION: It's not too late to accomplish what God has placed on my life.

"The LORD himself goes before you and will be with you; he will never leave you nor forsake you. Do not be afraid; do not be discouraged." Deuteronomy 31:8 NIV

STATEMENT: I have God almighty, who is sovereign, leading my life. I surrender my will and allow Jesus to go before me because I know He is with me as I embark on all that lies ahead. I may have grown tired, lost sight or even forgotten what I was set out to do. Today I ask God to give me the strength and authority to be courageous in all situations.

8. DECLARATION: I am God's masterpiece. I am a work of art.

STATEMENT: I am not defined by my failures or my mistakes. I have been created by God and designed for Him. My destiny is set out for me, and He has set out a clear path for me. Nothing can change that.

"For we are His workmanship [His own masterwork, a work of art], created in Christ Jesus [reborn from above—spiritually transformed, renewed, ready to be used] for good works, which God prepared [for us] beforehand [taking paths which He set], so that we would walk in them [living the good life which He prearranged and made ready for us]." - Ephesians 2:10 AMP

9. DECLARATION: I have victory thanks to Jesus' finished work on the cross in every situation.

"Yet in all these things we are more than conquerors and gain an overwhelming victory through Him who loved us [so much that He died for us]." - Romans 8:37 AMP

STATEMENT: I am deeply loved by God and have victory in life because of His love for me. My family life will be a place of victory. My workplace will experience this victory. My finances will see victory. My body and health has the victory. Overwhelming victory will be the banner over this new year!



10. DECLARATION: I am fearfully and wonderfully made.

"For you formed my inward parts; you knitted me together in my mother's womb. I praise you, for I am fearfully and wonderfully made. Wonderful are your works; my soul knows it very well." - Psalm 139:13-14 ESV

STATEMENT: Before I was formed in the womb, God already knew me, and He set me apart. I am made in the image of God. No matter what I may feel or what anyone may say, I know that God has not made any mistakes in making me. I am His wonderful creation. God delights in me and He has a wonderful purpose for me.

11. DECLARATION: In 2022, I will keep following the plan of God.

"Don't look for shortcuts to God. The market is flooded with surefire, easygoing formulas for a successful life that can be practiced in your spare time. Don't fall for that stuff, even though crowds of people do. The way to life—to God!—is vigorous and requires total attention." - Matthew 7:13-14 MSG

STATEMENT: Through the finished work on the cross, I have been given life abundantly. He took me from darkness, and I have been set free to fulfil what God has in store for my life.

12. DECLARATION: I have authority to do all God has given me.

"For the Spirit that God gives us does not make us timid, but gives us power, love and self-discipline." - 2 Timothy 1:7 NIV

STATEMENT: I am made by God for this moment in history. My life is fuelled by the Spirit of God, who gives me courage. I have all the energy I need for what's ahead. I am loved and cared for by the Most High God. I have His divine power to master my whole mind, soul and body in this year ahead.

13. DECLARATION: I can stand firm on the promises of God.

"Let us hold unswervingly to the hope we profess, for he who promised is faithful." - Hebrews 10:23 NIV

STATEMENT: I can hold onto God's promises as an anchor because He is faithful to His Word over my life. I can hold onto His Word no matter what the storms of life may bring because He who promised is faithful! He keeps His Word, and He keeps His promises even when circumstances say otherwise.



14. DECLARATION: I am blessed beyond belief.

"Blessed is the man Who walks not in the counsel of the ungodly, Nor stands in the path of sinners, Nor sits in the seat of the scornful; But his delight is in the law of the Lord, And in His law he meditates day and night. He shall be like a tree Planted by the rivers of water, That brings forth its fruit in its season, Whose leaf also shall not wither; And whatever he does shall prosper." - Psalms 1:1-3 NKJV

STATEMENT: Even in my doubt, God reaches beyond my understanding of what it means to be blessed. I have unspeakable joy, a heart full of praise, and I rejoice in God's goodness; I seek to be kind even when others are unkind. When there is a storm around me, I am at peace. Create in me a pure heart, oh God. I am blessed!

15. DECLARATION: I will continue to witness God's provision in unexpected ways.

"And my God shall supply all your needs according to His riches in glory by Christ Jesus." Philippians 4:19 NKJV

STATEMENT: 'I never expected that'. Just as we thought we'd figured it out, God surprised us with a new way, a fresh way - His way. I continue to put my faith and my trust in Him. I don't want to live my life based on daily news headlines, but instead, I dive recklessly into His perfect way, His presence, His Word - that's where I find peace and refuge.

16. DECLARATION: I will prioritise time with the Lord over everything else.

"Make me to know your ways, O Lord; teach me your paths. Lead me in your truth and teach me, for you are the God of my salvation; for you I wait all day long." - Psalm 25:4-5 ESV

STATEMENT: In 2022 I will be more like Jesus; I will prioritise being with Him and knowing Him more. As I open His Word daily, I will begin to experience His will. I will allow God's truth and grace to soak in. Throughout 2022 an intimate and transformational relationship with God will allow me to step into all He has in store for my life.



17. DECLARATION: Nothing is Impossible for me; God is on my side.

"What do you mean, 'If I can'?" Jesus asked. "Anything is possible if a person believes." Mark 9:23 NLT

STATEMENT: I will possess everything God has for me. As I continue to trust Jesus and stand on His Word, I will see relationships restored and doors opened in my life.

18. DECLARATION: In 2022, I am made holy and whole in Christ.

SCRIPTURE: "May God himself, the God who makes everything holy and whole, make you holy and whole, put you together - spirit, soul, and body - and keep you fit for the coming of our Master, Jesus Christ. 24 The One who called you is completely dependable. If he said it, he'll do it!" 1 Thessalonians 5:23-24 MSG

STATEMENT: Where I have felt broken, fragmented, hurt, lost, discouraged, and disappointed, I'm declaring that God will restore, rebuild and renew me. Not just in part but all of me. I move forward refreshed in both spirit, soul and body. Where doubt seeks to rob me of my victory, I declare that I will completely trust Him - He is dependable and can do it.

19. DECLARATION: My family and I will be planted in the house of the Lord.

"The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; planted in the house of the Lord, they will flourish in the courts of our God." - Psalm 92:12 -13 NIV

STATEMENT: This year, I will make the house of God our foundation. I know that those who are planted in His house will continue to grow and flourish. Despite distractions and challenges, I will prioritise His church in our hearts.



20. DECLARATION: I will continue to declare the goodness of God over my life.

"Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen." Ephesians 4:29 NIV

STATEMENT: This year, I will continue to speak with faith and positivity. Despite negative news, situations or circumstances around me, I can declare His goodness daily in my life.

21. DECLARATION: My affirmation, validation and identity come from God.

"Wealth and honor come from you; you are the ruler of all things. In your hands are strength and power to exalt and give strength to all. Now, our God, we give you thanks, and praise your glorious name." - 1 Chronicle 29: 12-13 NIV

STATEMENT: David realised recognition from men and position come and go. He knew where to place his identity. Honour and position come from God - He is the one who gives us validation

22. DECLARATION: Yesterday's water won't quench today's thirst. I am connected to the source of life today.

"but whoever drinks the water I give them will never thirst. Indeed, the water I give them will become in them a spring of water welling up to eternal life." - John 4:14

STATEMENT: Spending time with God is a filter for every experience. If I need peace, joy, provision or healing - He has it. Whatever the need, the source supplies.

