

THE
KINGDOM
WE SEEK

PRAYER & FASTING

RESOURCES

This week of prayer and fasting is an invitation to slow down, listen, and depend on God afresh. Prayer is central to the Christian life. Simple yet profound, it connects us to the Spirit of God and gives focus to every discipline we practice. Fasting is not about earning favour, but emptying ourselves to encounter His sufficiency. These resources are here to guide, ground, and support you as we journey together.



AND
THE KING
WE SERVE

CLASSICS AND DEVOTIONAL WORKS

My Utmost for His Highest — Oswald Chambers

A devotional calling readers to full surrender and wholehearted discipleship.

The Practice of the Presence of God — Brother Lawrence

A simple guide to living in continual awareness of God's presence.

The Imitation of Christ — Thomas à Kempis

A classic call to humility, self-denial, and following Christ inwardly and outwardly.

The Way of the Heart — Henri Nouwen

A brief and powerful reflection on silence, solitude, and prayer shaped by the Desert Fathers.

The Pursuit of God — A. W. Tozer

A stirring invitation to seek God with depth, hunger, and holy longing.

The Cost of Discipleship — Dietrich Bonhoeffer

A challenging exploration of what it means to truly follow Christ, centred on the idea of costly grace.

MODERN WORKS ON PRAYER AND SPIRITUAL FORMATION

How to Pray: A Simple Guide for Normal People — Pete Greig

A practical and accessible introduction to prayer for everyday Christians.

Prayer: Experiencing Awe and Intimacy with God — Timothy Keller

A blend of theology and practice aimed at deepening the believer's prayer life.

Celebration of Discipline — Richard Foster

A modern classic on spiritual disciplines such as fasting, prayer, solitude, and simplicity.

Hearing God — Dallas Willard

A wise and balanced guide to recognising and responding to God's voice.

The Awe of God — John Bevere

A compelling book on holy fear and reverence for God, structured in six sections that make it a strong lead-in to any season of deeper spiritual focus.

I Surrender All — Priscilla C. Shirer

A challenging call to yield every area of life to God, well-suited for a fasting season focused on laying down personal desires.

BOOKS ON FASTING

God's Chosen Fast — Arthur Wallis

A foundational evangelical work on biblical fasting. Clear, balanced, and spiritually catalytic.

Fasting — Jentezen Franklin

A practical guide to fasting for spiritual breakthrough. Emphasizes the example of Jesus fasting before beginning His ministry.

The Hidden Power of Prayer and Fasting — Mahesh Chavda

An exploration of how prayer and fasting together can release spiritual power and fuel personal and corporate revival.

ONLINE RESOURCES AND DEVOTIONALS

The Fasting Practice — Practicing the Way, John Mark Comer

A free four-session online resource for individuals or groups exploring fasting as a spiritual discipline. Available at practicingtheway.org under the Rule of Life Builder.

Fasting: A Three-Day Devotional — Jentezen Franklin (Bible App)

A short and accessible introduction to why Christians fast, available free on the Bible App.

Awed by Christ's Resurrection: 6 Days of Decrease — Alicia Britt Chole (Bible App)

A devotional inviting believers into a posture of surrender and spiritual simplicity during a fast.

Fresh Air: An Invitation to Prayer and Fasting — Highlands Church (Bible App)

A ten-day devotional designed to encourage deeper prayer and renewal during a season of fasting.

