




# **PHILIPPIANS SERIES**

# **JESUS FIRST**

**A 4-WEEK BIBLE PLAN WALKING  
THROUGH THE BOOK OF PHILIPPIANS**







If your life is feeling a little scattered, disordered, or aimless right now, the book of Philippians can offer you a steadying hand and a renewed sense of purpose. Over the next 4 weeks, this simple reading plan invites you to slow down and meditate on just a few verses each day. It's enough to cover the whole book without rushing past its depth. A small commitment, with a big impact.

This month, allow Paul's beautiful letter to the Philippian church to reorient your heart, clarify your priorities, and lead you back to the joy and peace of putting Jesus first.



## WEEK 1: JESUS FIRST IN LIFE AND DEATH

Philippians 1 calls us to reorient our perspective around Jesus and His Gospel, rather than our circumstances. It shows us that putting Jesus first in our lives gives us unshakable purpose, whether we **live** or **die**, flourish or struggle. For *“to live is Christ, and to die is gain.”*

DAY	SCRIPTURE	PASSAGE
Monday	Philippians 1:1–6	Gratitude, partnership in the gospel, and the confidence that God will finish what He started in us.
Tuesday	Philippians 1:7–11	Paul’s heart for the Philippians and a prayer that love would grow in knowledge, discernment, and fruitfulness.
Wednesday	Philippians 1:12–14	How hardship advanced the gospel. Paul’s chains became a platform for Christ.
Thursday	Philippians 1:15–18	Motives may vary, but Christ is still preached – and that’s reason enough to rejoice.
Friday	Philippians 1:19–26	“For to me, to live is Christ and to die is gain.” A redefinition of life, death, and purpose.
Saturday	Philippians 1:27–30	A call to live lives worthy of the gospel – unified, courageous, and faithful in suffering.
Sunday	No reading	Church. Space to rest, reflect and catch up.



## WEEK 2: JESUS FIRST IN ATTITUDE AND ACTION

Philippians 2 is the beating heart of Paul's letter, centering on what scholars call the *Christ Hymn* (verses 6–11) — a poetic and theological masterpiece that showcases the downward descent and glorious exaltation of Jesus. This chapter calls us to put Jesus first in our attitude and actions by adopting His humble mindset and then practically living it out in everyday sacrificial love.

DAY	SCRIPTURE	PASSAGE
Monday	Philippians 2:1-4	Living in unity through humility. Valuing others above ourselves.
Tuesday	Philippians 2:5-8	The mindset of Christ: humble, obedient, self-emptying.
Wednesday	Philippians 2:9-11	Christ exalted. Every knee will bow and every tongue confess.
Thursday	Philippians 2:12-13	" <i>Work out your salvation</i> " by depending on the God who works within you.
Friday	Philippians 2:14-18	Shining like stars in a dark world through joyful endurance.
Saturday	Philippians 2:19-30	Timothy and Epaphroditus: living examples of selfless service and gospel-centred lives.
Sunday	No reading	Church. Space to rest, reflect and catch up.



## WEEK 3: JESUS FIRST IN DESIRE AND DIRECTION

Philippians 3 teaches us to put Jesus first in our desires and direction. Paul shows us that nothing compares to the surpassing worth of knowing Christ, and that all our worldly trophies, accolades and achievements are worthless next to Him. Growing in spiritual maturity means letting go of the past, pressing on toward Jesus, and living as citizens of heaven with eternity in view.

DAY	SCRIPTURE	PASSAGE
Monday	Philippians 3:1-3	Rejoice in the Lord. Beware of putting confidence in the flesh.
Tuesday	Philippians 3:4-6	Paul's spiritual résumé – and why it counts for nothing.
Wednesday	Philippians 3:7-9	All things are loss compared to knowing Christ. True righteousness is by faith.
Thursday	Philippians 3:10-11	The longing to know Christ – even in suffering and death – so we may share in His resurrection.
Friday	Philippians 3:12-14	Pressing on toward the goal.
Saturday	Philippians 3:15-21	Maturity, imitation, and living as citizens of heaven with eyes on eternity.
Sunday	No reading	Church. Space to rest, reflect and catch up.



## WEEK 4: JESUS FIRST IN TRUST AND PEACE

Philippians 4 teaches us to put Jesus first in our trust and peace. Paul closes his letter with an invitation to live free from anxiety by placing our full trust in Jesus. When we shift our focus away from fear and towards Christ – through prayer, thanksgiving, and contentment – we experience a peace that the world cannot give and a confidence that isn't tied to our circumstances.

DAY	SCRIPTURE	PASSAGE
Monday	Philippians 4:1-3	Stand firm, be reconciled, and support one another in the Lord.
Tuesday	Philippians 4:4-5	Rejoice always and let your gentleness show. The Lord is near.
Wednesday	Philippians 4:6-7	Do not be anxious. Bring everything to God and receive His peace.
Thursday	Philippians 4:8-9	Think about what is true and lovely, and practice what brings peace.
Friday	Philippians 4:10-13	The secret of contentment: Christ is our strength in every circumstance.
Saturday	Philippians 4:14-23	Gospel partnership, generous provision, and God's promise to meet all our needs.
Sunday	No reading	Church. Space to rest, reflect and catch up.