

From our lounge room to yours!

Sisterhood Notes
Colour 2022

HONEST
CONVERSATIONS
ABOUT DISCIPLESHIP
& THE TIMES.

"A DISCIPLE IS A
DISCIPLINED FOLLOWER.
A PERSON WHO FOLLOWS
A SET OF MORAL TRUTHS.
FOR US WE FOLLOW
JESUS AND THE WAY HE
LIVED WITH DISCIPLINED
INTENT. IT THEN BECOMES
A PERSONAL DESIRE TO
UNDERSTAND JESUS AND
THE POWER OF HIS WORD
AND APPLY IT TO OUR
LIVES."

- PASTOR PHIL DOOLEY

#### **MASTERCLASS:**

As part of this year's Colour Conference three masterclasses took place for you to access.

Below are some reflections on Honest Conversations - Discipleship and The Times hosted by Karalee Fielding.

These notes have been created for you to go through in your own time. Reflect on the rich teaching, and the personal call to discipleship.

You can follow along with this reflection by watching this Masterclass via your online Conference access, or simply read through the notes below that outline the key points and questions for you to reflect on.

#### WHAT IS DISCIPLESHIP?

Pastor Phil Dooley said, "A disciple is a disciplined follower. A person who follows a set of moral truths. For us we follow Jesus and the way he lived with disciplined intent. It then becomes a personal desire to understand Jesus and the power of His word and apply it to our lives."

Phil then shared his story of becoming a disciple of Jesus as a child. He remembers the message he heard inviting him to accept Jesus into his heart and going home and making that decision. He continued to say how from that moment even through the trials of teenage years the intention began to live as a disciple of Jesus.

Q: Remember back to the moment you accepted Jesus into your life. How have you been intentional in walking as a disciple or follower of Jesus?

Q: As a disciple, what are your current commitments to walking closely with God; what disciplines and routines do you have?

### HOW DO YOU SCHOOL YOURSELF IN BECOMING A DISCIPLE?

'Therefore, go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything I have commanded you. And surely, I am with you always, to the very end of the age.' - Matthew 28:18-20

Cass Langton pointed out a verse where Jesus instructs His disciples to 'teach them everything I have commanded you', implying there is an expectation before becoming a disciple maker that you first need to be a disciple; to be rooted in the word and submitted to God's teaching and instruction.

Cass said, "if you put good stuff in you, good stuff will come out of you." She continued to share her experience of being in group settings throughout her life, praying, reading the Bible with people, and asking leaders to point out her blind spots and how to pursue Jesus in different seasons.

Q: Who has played a pivotal role in helping you on your discipleship journey? What did you learn from them?

Q: What areas of your life have you seen grow and change as a result of allowing others into your discipleship journey?

Karalee asked Lily Langton to share who has been instrumental in her discipleship journey. Lily spoke about her parents and kids' leaders having a big impact on her, each exemplifying living a life of a disciple. Lily shared how watching her kids' leader go through life a few steps ahead of her has been formational in her discipleship.

Watching them complete University and become a young adult who is committed to Jesus, as well as the intentional moments with her kids' leader such as milkshake Fridays have all impacted her life.

Phil pointed out that discipleship doesn't have to be intense, it can be relational and fun, and part of everyday life of living in community. He shares how food is a part of that process. Jesus gathered his disciples and broke bread. When you read stories of Jesus teaching, food is usually involved. Jesus shows us how to disciple.

'I have set you an example that you should do as I have done for you.' - John 13:15

Q: Think back to the last time you were in your group or around a table with friends. What have you learnt from others in that environment?

Q: Are you surrounding yourself with people you can grow alongside and learn from?

## HOW DO YOU LIVE AS A DISCIPLE IN THIS TIME?

'How can we sing the songs of the LORD while in a foreign land?' - Psalm 137:4

Laura referenced Psalms 137 as the example of the question we should be focusing on and the prayer we should bring before the Lord. As Christ followers we know the what (the great commission), we know the why (salvation), but how we share our faith in these times requires wisdom, sensitivity, and guidance only the Lord can give us.

Lily shared how within her generation there is tension between not wanting to offend people, but also discerning between 'their' reality and our truth.

Phil said that his daughter has just finished university and how that environment exposed her to different views and helped her shape her own faith and thoughts.

Q: How do you navigate different environments and views whilst showing grace, love, and kindness to people?

Q: How do you live by God's word when often world culture seems to be the antithesis of Kingdom culture?

# HOW DO YOU MOVE FROM BEING A DISCIPLE TO A DISCIPLE MAKER?

'Let me give you a new command: Love one another. In the same way I loved you, you love one another. This is how everyone will recognise that you are my disciples when they see the love you have for each other.' - John 13:35

Karalee said if we are instructed to love one another in the same way Jesus loves us, then we need to love people into the Kingdom and that requires us to move from simply just being a disciple to being a disciplemaker.

She encourages everyone to share an invitation to your table, share your life and bring someone along on the journey with you.

Q: Who are you feeling prompted to open your life up to? Take a moment to think of who God has placed in your world and make some time to connect with them this week.

Q: What does loving people into the Kingdom mean to you? Think this point through and create an action plan on how you can become a disciple-maker going forward.

### **FINAL THOUGHT**

'As iron sharpens iron, so one person sharpens another.' - Proverbs 27:17

Who are you following? Are you leaning into the wisdom of those who have gone before you? Or for those of you who are further along the journey in your relationship with God, maybe it's time to share with others the experiences and lessons you have learnt along the way. There is always another who is a few steps behind you who you can help show the way. Life is sweeter when we do it together and we are better because of those we intentionally do life with.

