

SISTERHOOD

Lounge Room



From our lounge room to yours!

Priorities, Plans, and Dreams
Handout Week 2

Loved our first episode for 2022? Well so did we!

Here are a few additional questions, scriptures, and thoughts from the girls as they gathered to discuss priorities, plans and dreams.

CAN WE BALANCE ALL OUR PRIORITIES?

Marie shared that in her experience there isn't such a thing as balancing priorities evenly. Different seasons will present priorities that may require a larger role in our life. If we attempt to balance the priorities of our lives in even slices, we lessen our capacity and shrink our lives, instead of allowing God to enlarge our lives.

Ana reminded us that what we focus on grows. When you set your heart on the things of God you will naturally prioritize the things of God.

She also said that the antidote to burnout isn't less work - it is in fact adding more meaning. When we choose to focus on activities that are linked to our purpose, we automatically add meaning, and therefore, they don't drain us, they fuel us!

Q: How do you juggle all the priorities of life, do you feel you have a good 'balance'?

Q: Have you ever been overwhelmed or close to burn out? Looking back what are some of the ways this could have been avoided?

Q: What activities do you currently do that are rich in meaning and linked to your purpose?



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IF YOU AIM AT NOTHING YOU ARE GOING TO HIT IT EVERY SINGLE TIME!

Marie stated that you can easily lose sight and stamina with long-term plans. Setting achievable, small, short-term plans that ultimately fulfil your long term plans, will provide small wins that give you the momentum you need for success.

"In their hearts humans plan their course, but the Lord establishes their steps."
Proverbs 16:9 (NIV)

Ana shared her do's and don'ts for making plans. **Do** develop the practise of planning. It's about having A PLAN not THE PLAN itself.

Don't get stuck in your plans, be flexible!

Circumstances change and so should we. Adjust accordingly.

Q: Do you like to plan or are you more spontaneous?

Q: Share the most spontaneous thing you have ever done.

Q: Do you currently have any plans you need to adjust or even discard?

"WITHOUT LEAPS OF IMAGINATION, OR DREAMING, WE LOSE THE EXCITEMENT OF POSSIBILITIES. DREAMING, AFTER ALL, IS A FORM OF PLANNING."

Rosalie said dreaming requires both faith and surrender. Faith to believe and surrender to submit the dreams to God.

Dreaming can feel vulnerable. We see our dreams in the context of our future selves but those around us may not understand our dreams as they are interpreting through the lens of who we are now. It requires courage to dream out loud, but do be wise with who you share your dreams with.

Nicola shared that dreaming again after a season of disappointment can be hard. You may not want to open your heart up again. Take up the courage to dream again and to be expectant. If the dream is from God, the outcome may not look that way we imagined, but trust that His plans are better! Submit to the process not the outcome.

Q: Have you ever been discouraged in your dream because of others reaction to it? Share a time the outcome of a situation was different or better than you could have dreamed.



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Ana shared three practical ways to stay on track this year:

- 1. Stay focused on purpose and allow the purpose to drive your priorities, plans and dreams.**
- 2. Stay flexible. That will help you find the joy in the journey.**
- 3. Share your dreams with someone close to you that will help you stay connected and accountable to your dreams.**

FINAL THOUGHT:

“Write what you see. Write it out in big block letters so that it can be read on the run. This vision-message is a witness, pointing to what’s coming.” Habakkuk 2:2 (The Message)

Take a blank page, invite the Holy Spirit to speak to you and start to write down your priorities, plans, and dreams.

What is God calling you to this year? Allow expectation to grow. He graces you for what He has called you to do.

Prayer:

God I trust you with all the unknown because you are Alpha and Omega, you know the start and the end. You are GOOD and will do good in and through my life. Thank you for your anointing and power that is sufficient for all you call me to. I am yours. Amen.