



SISTERHOOD

Lounge Room

From our lounge room to yours!

Priorities, Plans, and Dreams
Handout Week 1

Welcome back to the Sisterhood Lounge Room. There are so many great conversations to come in 2022, but first let's start with intention and focus on who we want to be this year and how we want to invest our time to set ourselves up for success and growth in 2022.

As you gather in your lounge room, we have highlighted the key scriptures from this month's episode, as well as a few questions you can use to continue the conversation...enjoy!

HOW DO WE IDENTIFY OUR PRIORITIES?

Rosalie shared that before she could identify her priorities and allocate time to them, she first needed to reflect on where she was currently spending her time. What was a productive / unproductive use of time? What had taken up space in her schedule that could be exchanged for the more intentional and meaningful?

Nicola said that our time is valuable and how we spend it needs to align with our priorities.

Q: At the end of this year who do you want to be?

Q: What would you say your top three priorities are to see this become a reality?

Q: Where do you spend most of your time and does this reflect your priorities for the year?

Q: Is there one expenditure of time in your schedule right now that yields the wrong or little fruit?



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“BY FAILING TO PREPARE, YOU ARE PREPARING TO FAIL.” – BENJAMIN FRANKLIN

Nicola shared from her experience that if you are not in charge of your schedule, your schedule will run you, and the urgent will dominate the important that is required to fulfil purpose.

Marie added that in order to set yourself up for success, “if you don’t take the sabbath, the sabbath will take you.” In other words, don’t just schedule your priorities, include moments of rest and reflection too, as these are essential to longevity and a healthy soul.

Q: What is one thing you can add to your schedule that will help you maintain a healthy soul?

Q: How will you actively take charge of your schedule and not let it run you?

“HE WILL ACHIEVE INFINITELY MORE THAN YOUR GREATEST REQUEST, YOUR MOST UNBELIEVABLE DREAM, AND EXCEED YOUR WILDEST IMAGINATION!” EPHESIANS 3:20 (TPT)

Nicola shared that the season of waiting for a dream to come to pass can be an active one. Our time can be used to develop the gifts we have been given to steward and to allow the waiting season to produce and grow faith inside of us.

Rosalie said that one way to not lose hope in the waiting is to test the dream and to continue to be faithful and fruitful in the season you are in. Remember that if your dream is from God, it will require God’s involvement and therefore your faith. It will also always ultimately benefit others.

Q: Does my dream benefit others?

Q: Will it help others grow?

Q: Does it require me to be a better person?

Q: Does it require my gifts to be activated?

Q: Will it glorify God?



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Rosalie also shared that if you are going to seek God for clarity over a dream that it should be done with a clear and pure heart. She likened approaching God about our dreams to bringing an offering to God, which would be pleasing to him, if done with a clear heart.

"... leave your gift there in front of the altar. First go and be reconciled to them; then come and offer your gift." Matthew 5:24

Offerings are sacrificial and are laid down. This is a beautiful picture of holding our dreams loosely, with a pure heart, laying them down before God and trusting that he is faithful and does, not only good, but extraordinary things.

Q: What are some of the dreams you have this year?

Q: Are you holding your dream too tightly and trying to bring it to pass alone?

Q: How can you actively trust God with the dreams and desires of your heart?

FINAL THOUGHT

Nicola declared Ephesians 1 over the year ahead for Sisterhood (that's you!).

"I ask the God of our Master, Jesus Christ, the God of glory—to make you intelligent and discerning in knowing him personally, your eyes focused and clear, so that you can see exactly what it is he is calling you to do, grasp the immensity of this glorious way of life he has for his followers, oh, the utter extravagance of his work in us who trust him—endless energy, boundless strength!" v17-19 (The Message)

Prayer:

God I pray this year I would know you more deeply, see you more clearly and follow you more closely. I thank you that you provide all I need to flourish and succeed this year, your strength and energy is my portion. Amen.