



# SISTERHOOD *Lounge Room*

From our lounge room to yours!

Episode 1 | Friendship with God  
Week 2 Handout

Can't get enough of episode One of The Sisterhood Lounge Room? Neither can we! Here are a few additional questions, scriptures, and thoughts from the girls as they gathered to discuss friendship with God to fuel your conversations ...enjoy!

“Therefore, I am now going to allure her; I will lead her into the wilderness and speak tenderly to her.”

Hosea 2:14

## **DON'T DO LIFE ALONE. HOW TO NAVIGATE FEELING DISTANT FROM GOD.**

“You did not choose me, but I chose you.” John 15:16

Nicola shared this scripture from Hosea and of how it changed her perspective on feeling distant from God. In quiet seasons where it feels like God is distant, it can feel like a wilderness, dry, empty and barren. However, God may intentionally be leading us to this wilderness to draw us to a deeper place of intimacy and revelation. God doesn't want us to stay surface deep in our relationship, sometimes it requires digging deeper. He draws us closer to quieter places and there we find new levels of relationship.

**Q: What are some of the things that can distract you from your relationship with God?**

**Q: Take a moment to look back at a time you had felt distant from God. Can you now see how God was working in that season? Share and encourage each other with your stories.**

**Q: When do you feel you hear God the most?**





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Have you ever said: “Where are you God?” Niki mentioned that silence can be a sign of intimacy.

*“Come near to God and he will come near to you.” James 4:8*

Although you may feel distant, the promise in scripture is that when we seek Him, we find Him and that as we draw close, He draws closer still.

**Q: When you feel distant from God, how do you behave? Do you tend to hold back, or do you draw close to Him?**

### **HOW GOD AS FRIEND HELPS US IN CHALLENGING SEASONS**

Amy shared a personal story of how her friendship with God sustained her through a very challenging season and how every day she was able to say, “God, I know that you are with me.” Even when we have close friends and family, we can sometimes still feel lonely. As Christians the Holy Spirit is with us at all times, He never leaves us to navigate life alone. He is our comforter, counsellor, and every present help.

**Q: Have you been through a challenging season where you have seen God’s closeness? Is there a promise from scripture you held on to?**

**Q: Are there any current situations you are navigating that you would like to us to pray about?**

### **FINAL THOUGHT**

Julie shared that the difference between those who have a strong sense of love and belonging and those who don’t, is simply the belief that they are worthy of love and belonging. Whatever season you are in, always remember that you are loved, chosen, desired and “*His masterpiece*” (Ephesians 2:10).