

THE COLOUR SISTERHOOD

CATA- LOGUE

LEARNING WITH *AND FROM OTHERS*

CHOOSING EMPATHY IS THE DECISION AND ABILITY TO LEAN IN AND IDENTIFY WITH THE DIFFICULTY OF ANOTHER, TO UNDERSTAND, BE SENSITIVE TOWARDS AND SHARE THE PLIGHT OF OTHERS.

THIS IS SOMETHING WE CAN ALL DO.

TO HELP US ENGAGE WITH ISSUES THAT MAY NOT HAVE BEEN OUR EXPERIENCE OR WITH PEOPLE WHO MAY BE DIFFERENT TO US AND TO LEARN ABOUT THE CHALLENGES AND COMPLEXITIES FACING AREAS OF OUR WORLD, WE'VE PUT TOGETHER THIS CATALOGUE OF FILMS, DOCUMENTARIES, PODCASTS AND BOOKS THAT MAY BE OF INTEREST TO YOU.

PLEASE NOTE.

THE ATTITUDES, VIEWS AND OPINIONS EXPRESSED WITHIN ARE THOSE OF THE CONTENT CREATORS AND DO NOT NECESSARILY REPRESENT THE VIEWS OF OR ARE ENDORSED BY THE COLOUR SISTERHOOD OR HILLSONG CHURCH. ALL CONTENT LISTED IS SUBJECT TO VIEWER DISCRETION AND IS GENERALLY NOT SUITABLE FOR CHILDREN (PLEASE CHECK AGE RESTRICTIONS AND RATINGS ON MEDIA) AND MAY CONTAIN ADULT THEMES.

SLAVERY & HUMAN TRAFFICKING

AMAZING GRACE

Film, PG

Abolitionist William Wilberforce, maneuvers his way through the British parliament endeavouring to end the transatlantic slave trade. www.imdb.com/title/tt0454776?ref_=fn_al_tt_2

THE BERLIN TURNPIKE

Book by Raymond Bechard

This is a true story of human trafficking in America as told through the testimony of a landmark federal trial which took place at the heart of one of the country's wealthiest states, Connecticut, over the course of eight days in 2007.

HUMAN TRAFFICKING

Book by Joyce Hart

Discusses what human trafficking is, its causes, its effects, who is working to stop human trafficking, and how the reader can help.

THIS IMMORAL TRADE

Book by Baroness Caroline Cox and Dr John Marks

Based on her compelling firsthand report to the British House of Lords, this high-profile advocate for the world's poorest victims offers an urgent call to action for Christians worldwide on the slave trade.

LITTLE PRINCES

Book by Connor Grennan

The epic story of Conor Grennan's battle to save the lost children of Nepal and how he found himself in the process.

NOT MY LIFE

Documentary

Not My Life comprehensively depicts the cruel and dehumanising practices of human trafficking and modern slavery on a global scale. www.notmylife.org

SLAVE HUNTER: FREEING VICTIMS OF HUMAN TRAFFICKING

Book by Aaron Cohen & Christine Buckley

At a time when more people than ever before are enslaved on this planet, Aaron Cohen found himself on a path of spiritual discovery that both transformed and endangered his life.

THE STORM MAKERS

Documentary

The film traces modern-day slavery in Cambodia by uncovering the fate of a young woman and following, in parallel, the daily lives of two human traffickers, a local recruiter and the head of an agency. www.imdb.com/title/tt4119980/

TRICKED: THE DOCUMENTARY

Documentary, MA15+ Rated

Examining all sides of America's sex-trafficking trade, which destroys lives as it generates \$3 billion a year, and following the Denver vice squad as they pursue sex traffickers and rescue victims of the trade. www.imdb.com/title/tt2246924/

IMMIGRATION & REFUGEES

A YOUNG POET TELLS THE STORY OF DARFUR

TED Talk by Emtithal Mahmoud

Emtithal "Emi" Mahmoud writes poetry of resilience, confronting her experience of escaping the genocide in Darfur in verse. She shares two stirring original poems about refugees, family, joy and sorrow, asking, "Will you witness me?" www.ted.com/talks/emtithal_mahmoud_a_young_poet_tells_the_story_of_darfur

CHASING ASLYUM

Documentary, MA15+, Rated

The story of Australia's cruel and inhumane treatment of asylum seekers and refugees, examining the human, political, financial and moral impact of current and previous policy. www.imdb.com/title/tt5134588/?ref_=nv_sr_1

DISTANCE BETWEEN US, A MEMOIR

Book by Reyna Grande

From an award-winning novelist and sought-after public speaker, an eye-opening memoir about life before and after illegally emigrating from Mexico to the United States.

ENRIQUE'S JOURNEY: THE STORY OF A BOY'S DANGEROUS ODYSSEY TO REUNITE WITH HIS MOTHER

Book by Sonia Nazario

A true story from award-winning journalist Sonia Nazario recounting the odyssey of a Honduran boy who braves hardship and peril to reach his mother in the United States.

GO BACK TO WHERE YOU CAME FROM

TV Series

A group of Australians are about to embark on a journey to some of the most dangerous places on earth. www.sbs.com.au/ondemand/program/go-back-to-where-you-came-from

THE HAPPIEST REFUGEE

Book by Anh Do

Anh Do nearly didn't make it to Australia. His entire family came close to losing their lives on the sea as they escaped from war-torn Vietnam in an overcrowded boat.

HUMAN FLOW

Documentary

Human Flow is director and artist Ai Weiwei's detailed and heartbreaking exploration into the global refugee crisis. www.imdb.com/title/tt6573444/

TELL ME HOW IT ENDS: AN ESSAY IN FORTY QUESTIONS

Book by Valeria Luiselli

Tell Me How It Ends humanises undocumented Latin-American children facing deportation and highlights the contradiction of the idea of America as a fiction for immigrants with the reality of racism and fear both here and back home.

UNDERGROUND AMERICA: NARRATIVES OF UNDOCUMENTED LIVES

Book by Peter Orner

Underground America tells the stories of men and women who have come to the United States seeking a better life for their families, only to be subjected to dehumanising working conditions.

CONFLICT & GENOCIDE

CHILDREN OF WAR

Book by Deborah Ellis

Would you go to war for peace? A war child's search for acceptance and a nation inundated in blood.

FIRST THEY KILLED MY FATHER

Netflix Film, 2017, Rated MA 15+ based on the book by the same name

Cambodian author and human rights activist Loung Ung recounts the horrors she suffered as a child under the rule of the deadly Khmer Rouge. www.imdb.com/title/tt4882376/?ref_=nv_sr_1

HOTEL RWANDA

Film, M, Rated

Paul Rusesabagina is a hotel manager who housed over a thousand Tutsi refugees during the struggle against Hutu militia in Rwanda. www.imdb.com/title/tt0395169/?ref_=fn_al_tt_1

THE LAST KING OF SCOTLAND

Film, MA15+, Rated

Based on the events of the Ugandan dictator Idi Amin's regime as recalled by his personal physician during the 1970s. www.imdb.com/title/tt0455590/

SHOOTING DOGS / BEYOND THE GATES

Film, M15+, Rated

A Catholic priest and an English teacher get stranded in a school in Kigali during the 1994 Rwandan genocide. www.imdb.com/title/tt0420901/?ref_=fn_al_tt_1

SOMETIMES IN APRIL

Film, M, Rated

When the Hutu nationalists raised arms against their Tutsi countrymen in Rwanda April 1994, the violent uprising marked the beginning of one the darkest times in African history, which resulted in the deaths of approximately 800,000 people. www.imdb.com/title/tt0400063/?ref_=nv_sr_1

TRIAL JUSTICE

Book by Tim Allen

This new and fully updated edition of Tim Allen's groundbreaking book assesses the continuing controversy surrounding the ICC and the events that have added fuel to the debate.

WHO WILL WRITE OUR HISTORY

Documentary, based on the book by the same name

Who Will Write Our History tells the story of Emanuel Ringelblum and the Oyneg Shabes Archive, the secret archive he created and led in the Warsaw Ghetto. www.imdb.com/title/tt4645358/plotsummary?ref_=tt_ov_pl

THE ZOOKEEPER'S WIFE

Film, M, Rated

The account of keepers of the Warsaw Zoo, Anotonia and Jan Zabinski, who helped save hundreds of people and animals during the German invasion. www.imdb.com/title/tt1730768/

POVERTY & DEVELOPMENT

QUEEN OF KATWE

Netflix Film, PG, Rated

A young Ugandan girl sees her world rapidly change after being introduced to the game of chess.

www.imdb.com/title/tt4341582/?ref_=fn_al_tt_1

THE HOSPITAL BY THE RIVER

Book by Dr Catherine Hamlin

The Hospital By The River is a candid account of 60 years of service to women in Ethiopia suffering from obstetric fistula. Dr Hamlin weaves her own story together with the history of the hospital and that of her adopted country, Ethiopia.

WALKING WITH THE POOR: PRINCIPLES AND PRACTICES OF TRANSFORMATIONAL DEVELOPMENT

Book by Bryant Myers

Bryant Myers proposes an understanding of development in which the physical, social, and spiritual dimensions of life are seamlessly interrelated.

THE BOY WHO HARNESSSED THE WIND

Netflix Film, 2019, Rated M based on the book by the same name

A boy in Malawi helps his village by building a wind turbine after reading about them in a library book.

www.imdb.com/title/tt7533152/?ref_=nv_sr_1

WHEN HELPING HURTS

Book by Steve Corbett and Brian Fikkert

Churches and individual Christians typically have faulty assumptions about the causes of poverty, resulting in the use of strategies that do considerable harm to poor people and themselves. Don't let this happen to you, your ministry or ministries you help fund!

A PATH APPEARS: TRANSFORMING LIVES, CREATING OPPORTUNITY

Book by Nicholas D. Kristof and Sheryl WuDunn

With scrupulous research and on-the-ground reporting, the authors assay the art and science of giving, identify successful local and global initiatives, and share astonishing stories from the front lines of social progress. We see the compelling, inspiring truth of how real people have changed the world, upending the idea that one person can't make a difference.

THE DIVIDE: A BRIEF GUIDE TO GLOBAL INEQUALITY AND ITS SOLUTIONS

Book by Jason Hickel

What is causing this growing divide? We are told that poverty is a natural phenomenon that can be fixed with aid. But in reality it is a political problem: poverty doesn't just exist, it has been created.

TALES BY LIGHT

Netflix Series

Photographers and filmmakers travel the world capturing indelible images of people, places, creatures and cultures from new, previously unseen angles.

GENEROUS JUSTICE

Book by Tim Keller

In *Generous Justice*, Keller explores a life of justice empowered by an experience of grace: a generous, gracious justice.

FACTFULNESS

Book by Hans Rosling

Based on a lifetime's work promoting a fact-based worldview, they reveal the ten dramatic instincts, and the key preconceptions, that lead to us consistently misunderstanding how the world really works.

URBAN SPIRITUALITY: EMBODYING GOD'S MISSION IN THE NEIGHBOURHOOD

Book by Karina Kreminski

Spiritual formation is something that we need to pay closer attention to today. How so we live this kind of holy life in tough urban contexts?

AT HOME IN EXILE

Book by Russell Jeung

At Home in Exile weaves in narratives of longing and belonging as Jeung retraces the steps of his Chinese-Hakka family and his refugee neighbours. In the face of forced relocation and institutional discrimination, his family and friends resisted time and time again over six generations.

RACE & DISCRIMINATION

13TH

Documentary

An in-depth look at the prison system in the United States and how it reveals the nation's history of racial inequality.

www.imdb.com/title/tt5895028/?ref_=fn_al_tt_1

BLACKKLANSMAN

Book and Film, MA15+ Rated

Ron Stallworth, an African American police officer from Colorado Springs, CO, successfully manages to infiltrate the local Ku Klux Klan branch with the help of a Jewish surrogate who eventually becomes its leader. Based on actual events.

www.imdb.com/title/tt7349662/?ref_=nv_sr_1

FIRST CONTACT

TV Series

Ray Martin takes a group of six well-known Australians with diverse, deeply entrenched preconceptions and opinions about our nation's Indigenous people on a journey into Aboriginal Australia. www.sbs.com.au/programs/first-contact

JUST MERCY

Book by Brian Stevenson

A powerful true story about the potential for mercy to redeem us, and a clarion call to fix our broken system of justice—from one of the most brilliant and influential lawyers of our time.

WHY I'M NO LONGER TALKING TO WHITE PEOPLE ABOUT RACE

Book by Reni Eddo-Lodge

In 2014, award-winning journalist Reni Eddo-Lodge wrote about her frustration with the way that discussions of race and racism in Britain were being led by those who weren't affected by it.

I'M STILL HERE: BLACK DIGNITY IN A WORLD MADE FOR WHITENESS

Book by Austin Channing Brown

In a time when nearly all institutions (schools, churches, universities, businesses) claim to value "diversity" in their mission statements, I'M STILL HERE is a powerful account of how and why our actions so often fall short of our words. Austin writes in breathtaking detail about her journey to self-worth and the pitfalls that kill our attempts at racial justice, in stories that bear witness to the complexity of America's social fabric—from Black Cleveland neighbourhoods to private schools in the middle-class suburbs, from prison walls to the boardrooms at majority-white organisations.

WHEN THEY SEE US

Netflix Series, MA15+ Rated

Five teens from Harlem become trapped in a nightmare when they're falsely accused of a brutal attack in Central Park. Based on the true story.

TALKING TO MY COUNTRY

Book by Stan Grant

A book that talks to every Australian about their country - What it is, and what it could be.

'CASTE'

Book by Isabel Wilkerson

Wilkerson unearths the eight pillars that connect caste systems across civilizations, and demonstrates how our own era of intensifying conflict and upheaval has arisen as a consequence of caste. She points forward to the ways we can – and must – move beyond its artificial divisions, towards our common humanity.

BECOMING (MICHELLE OBAMA)

Netflix series

Join former First Lady, Michelle Obama in an intimate documentary looking at her life, hopes and connections as she invites us to explore the threads of stories with her through her book Becoming.

THE GOOD ALLY

Book by Nova Reid

The Good Ally will help us unpick the myriad issues getting in the way of better inclusion, and will shows us how – with a bit of self-interrogation and a lot of courage – we can weaponise our privilege and be part of a powerful change.

AUSTRALIA DAY

Book by Stan Grant

In this book, Australia Day, his long-awaited follow up to Talking to My Country, Stan talks about our country, about who we are as a nation, about the indigenous struggle for belonging and identity in Australia, and what it means to be Australian.

EMPOWERMENT OF WOMEN & GENDER EQUALITY

PERIODS GONE PUBLIC: TAKING A STAND FOR MENSTRUAL EQUITY

Book by Jennifer Weiss-Wolf

The first book to explore menstruation in the current cultural and political landscape and to investigate the new wave of period activism taking the world by storm.

HALF THE SKY

Book by Nicholas D. Kristof and Sheryl WuDunn

A passionate call to arms against our era's most pervasive human rights violation: the oppression of women and girls in the developing world.

THE RAPE OF RECY TAYLOR

Documentary

Mrs Recy Taylor was gang raped by six white boys in 1944, Alabama USA. Unbroken, she spoke up and fought for justice with the help of Rosa Parks and legions of women.

<https://www.sbs.com.au/ondemand/video/144030317657/the-rape-of-recy-taylor>

CITY OF JOY

Documentary

This film follows the first class of students at a remarkable leadership center in the Eastern Democratic Republic of Congo, a region often referred to as "the worst place in the world to be a woman."

https://www.imdb.com/title/tt4078252/?ref_=mv_sl_2

PERIOD. END OF SENTENCE.

Netflix Documentary

Indian women fight the stigma surrounding menstruation and begin manufacturing sanitary pads.

https://www.imdb.com/title/tt6939026/?ref_=fn_al_t_1

DAUGHTERS OF DESTINY

Documentary

Oscar-winning filmmaker Vanessa Roth follows a group of rural India's most disadvantaged children over the course of seven years. <https://www.imdb.com/title/tt1877895/>

LEAN IN: WOMEN, WORK AND THE WILL TO LEAD

Book by Sheryl Sandberg

The author shares her personal stories, uses research to shine a light on gender differences, and offers practical advice to help women achieve their goals. The book challenges us to change the conversation from what women can't do to what we can do, and serves as a rallying cry for us to work together to create a more equal world.

THE MOMENT OF LIFT: HOW EMPOWERING WOMEN CHANGES THE WORLD

Book by Melinda Gates

A personal statement of passionate conviction, this book tells of Gates' journey from a partner working behind the scenes to one of the world's foremost advocates for women, driven by the belief that no one should be excluded, all lives have equal value, and gender equity is the lever that lifts everything.

WOMEN AND POWER: A MANIFESTO

Book by Mary Beard

With personal reflections on her own experiences of sexism online and the gendered violence she has endured as a woman in the public eye, Mary asks: if women aren't perceived to be fully within the structures of power, isn't it power that we need to redefine?

'MAID'

Netflix series

After fleeing an abusive relationship, a young mother finds a job cleaning houses as she fights to provide for her child and build them a better future.

A MOTHERS STORY

Book by Rosie Batty

Rosie Batty knows pain no woman should have to suffer. Her son was killed by his father in a violent incident in February 2014, a horrendous event that shocked not only the nation, but the world. Rosie had suffered years of family violence, and had had intervention and custody orders in place in an effort to protect herself and her son.

CLIMATE CHANGE

STOLEN HARVEST

Book by Vandana Shiva

A devastating expose of what the globalised agricultural industry is doing to our land and our food.

HOT, HUNGRY PLANET

Book by Lisa Palmer

The story of the epic journey to solve the imperfect relationship between two of our planet's greatest challenges: climate change and global hunger.

AN INCONVENIENT TRUTH

Documentary, PG, Rated

Filmmakers Davis Guggenheim follows Al Gore on the lecture circuit, as the former presidential candidate campaigns to raise public awareness on the dangers of global warming and calls for immediate action to curb its destructive effects on the environment. www.imdb.com/title/tt0497116/?ref_=nv_sr_1

AN INCONVENIENT SEQUEL: TRUTH TO POWER

Documentary, PG, Rated

A decade after An Inconvenient Truth brought climate change to the heart of popular culture, the follow-up shows just how close we are to a real energy revolution. www.imdb.com/title/tt6322922/?ref_=nv_sr_2

MY COUNTRY WILL BE UNDERWATER SOON: UNLESS WE WORK TOGETHER

TED Talk by Anote Tong

For the people of Kiribati, climate change isn't something to be debated, denied or legislated against - it's an everyday reality. www.ted.com/talks/anote_tong_my_country_will_be_underwater_soon_unless_we_work_together#t-8942

DAVID ATTENBOROUGH: LIFE ON OUR PLANET

Netflix series and Book

David Attenborough recounts his life and the evolutionary history of life on Earth, to grieve the loss of wild places and offer a vision for the future.

THE STORY OF STUFF

A 20-minute, fast-paced, fact-filled look at the underside of our production and consumption patterns and exposes the connections between a huge number of environmental and social issues and calls us together to create a more sustainable world. <https://www.storyofstuff.org>

THE STORY OF PLASTIC

Documentary

This documentary presents a cohesive timeline of how we got to our current global plastic pollution crisis and how the oil and gas industry has successfully manipulated the narrative around it. From the extraction of fossil fuels and plastic disposal to the global resistance fighting back, this is a revealing expose. The Story of Plastic is available to watch on the subscription DiscoveryGo streaming service, for rent on Amazon, on Apple TV, and on Xfinity video-on-demand.

MENTAL HEALTH

LIFE INSIDE MY MIND: 31 AUTHORS SHARE THEIR PERSONAL STRUGGLES

Book by various authors

Authors recount their own experiences with mental illness in this raw, real, and powerful collection of essays that explores everything from ADD to PTSD.

PHOSPHORESCENCE

Book by Julia Baird

When our world goes dark, when we're overwhelmed by illness or heartbreak, loss or pain, how do we survive, stay alive or even bloom? Phosphorescence is an intimate, achingly beautiful and inspiring exploration of the ways we can pursue awe, wonder and purpose

ANY ORDINARY DAY

Book by Leigh Sales

Warm, candid and empathetic, this book is about what happens when ordinary people, on ordinary days, are forced to suddenly find the resilience most of us don't know we have.

THE SOCIAL DILEMMA

Netflix series

This documentary-drama hybrid explores the dangerous impact of social networking, with tech experts sounding the alarm on their own creations.

EMOTIONALLY HEALTHY SPIRITUALITY

Book by Peter Scazzero

Scazzero shares new stories and principles as he outlines his journey and the signs of emotionally unhealthy spirituality. Then he provides seven biblical, reality-tested steps to become emotionally mature:

ETHICAL CONSUMERISM

THE DARK SIDE OF CHOCOLATE

Documentary

A documentary about the exploitation and slave-trading of African children to harvest chocolate still occurring nearly ten years after the cocoa industry pledged to end it. www.imdb.com/title/tt1773722/

THE TRUE COST

Netflix Documentary

Exploring the impact of fashion on people and the planet. www.imdb.com/title/tt3162938/?ref_=fn_al_tt_1

EVERYDAY JUSTICE: THE GLOBAL IMPACT OF OUR DAILY CHOICES

Book by Julie Clawson

Where does your chocolate come from? Does it matter if your coffee is fair trade or not? It matters - more than you might think. Julie Clawson takes us on a tour of everyday life and shows how our ordinary lifestyle choices have big implications for justice around the world.

OTHER

LOOK ME IN THE EYE

TV series

Pairs of estranged people come face to face in 'Look Me in the Eye'.

www.sbs.com.au/guide/article/2017/07/26/prepare-yourself-series-thats-guaranteed-make-you-cry

STRANGERS

Podcast

Each episode is an empathy shot in your arm, featuring true stories about the people we meet, the connections we make, the heartbreaks we suffer, the kindnesses we encounter, and those frightful moments when we discover that WE aren't even who we thought we were. www.storycentral.org/strangers/

FREEDOM IS A CONSTANT STRUGGLE: FERGUSON, PALESTINE, AND THE FOUNDATIONS OF A MOVEMENT

Book by Angela Y. Davis

In these newly collected essays, interviews, and speeches, world-renowned activist and scholar Angela Y. Davis illuminates the connections between struggles against state violence and oppression throughout history and around the world.

BLUEPRINT FOR REVOLUTION: HOW TO USE RICE PUDDING, LEGO MEN, AND OTHER NONVIOLENT TECHNIQUES TO GALVANISE COMMUNITIES, OVERTHROW DICTATORS, OR SIMPLY CHANGE THE WORLD

Book by Srdja Popovic and Matthew Miller

An urgent and accessible handbook for peaceful protesters, activists, and community organisers—anyone trying to defend their rights, hold their government accountable, or change the world.

EVIDENCE FOR HOPE: MAKING HUMAN RIGHTS WORK IN THE 21ST CENTURY

Book by Kathryn Sikkink

Evidence for Hope makes the case that, yes, human rights work. Critics may counter that the movement is in serious jeopardy or even a questionable byproduct of Western imperialism.

REFRAMING FOSTER CARE

Book by Jason Johnson

This is a collection of gospel-centered reflections on the foster parenting journey designed to help you do just that – find hope

THE DEPARTMENT,

Documentary, SBS OnDemand

A documentary that takes a look inside the never-before-seen New South Wales child protection system, following careworkers across the state.

THE WHOLE BRAIN CHILD

Book by Daniel Siegel

12 revolutionary strategies to nurture your child's developing mind, survive everyday parenting struggles, and help your family thrive

THE BOY WHO WAS RAISED AS A DOG

Book by Dan Hughes

In this deeply informed and moving book, Perry shares with the reader the lessons of courage, humanity and hope he learned from these scarred children. He dramatically demonstrates that only when we understand the science of the mind and the power of love and nurturing, can we hope to heal the spirit of even the most wounded child.